

Official SGA Statement on Labor Negotiations

By SGA Executive Committee On Fri, Nov 1, 2013

Editor's Note: The views expressed below do not necessarily represent the views of The Skidmore News or the Skidmore News editorial board.

Also, the following statement was added to the original article per request of the Executive Committee on Nov. 5:

SGA Executive Committee would like to clarify that Executive Committee was the body that wrote and stands behind the statement. We do not see it as our place to take a side on the parties directly involved in negotiations. Our goal is to support a fair process that includes both parties, the workers and the administration, staying true to the values they profess.

The Student Government Association supports the Skidmore College community in its negotiations between the administration and its union workers. However, we do not condone the actions taken by the unaffiliated Skidmore Labor Student Alliance (SLSA) as they are intrusive and inflammatory to productive negotiations.

Furthermore, the breach of privacy imposed by select students of the SLSA not only violates the confidentiality of negotiations between the administration and the workers it seeks to support, but it also erodes the spirit of good faith negotiations. We hope that further action relating to this matter by any Skidmore community member respects the processes set forth by the National Labor Relations Board and all parties involved. The Student Government Association looks forward to an agreeable outcome for all parties.

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The SGA Executive Committee offers its opinion on recent labor union developments.

Skidmore College





Fresh Look Column

By Blair Warren On Fri, Nov 1, 2013

The "freshman 15" is real. Many new Skidmore students have fallen victim to this college-wide tragedy and it's hard to stop it, especially here at Skidmore, with amazing dining hall food and D-Hall's beautiful, comfortable layout. There's pizza, deli sandwiches, diner food, a great salad bar, the global café and so many different types of cereal it makes early morning decisions very difficult. People living in the dorms are also required to be on the unlimited meal plan, meaning you can get into D-Hall as often as you want. It just doesn't seem fair, but I'm not complaining.

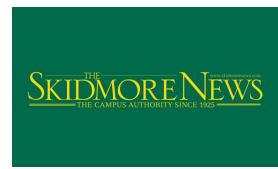
Something I've found interesting about Skidmore is how often we have sundaes. I love the concept of "Sundae Sunday," but there's also a "Sundae Wednesday," and out of respect for the sundaes, it's important to get one on both of the days, of course. My friends and I have started a habit where we try to speedily eat our dinners so we can get in line for our fabulous ice cream creations - I know, it's a great habit.

A friend of mine was preparing for Sundae Sunday for days. She thought of something creative (CTM, right?) where instead of ice cream, she used yogurt and then piled on the toppings. I wasn't sure if it was a good idea, but she absolutely loved it. This is a healthier Sundae Sunday option that I definitely recommend. I'll stick with the ice cream, though.

You don't realize how good the food is here until you compare it to other colleges. A friend of mine from Union College came to visit and the second she stepped into the D-Hall, she was completely overwhelmed. She stared at the food options in awe and had stacks of plates by the time we were done. Since I have nothing else to compare it to, the food here seems pretty standard, but thanks to her visit I'm now able to appreciate it a lot more.

Another perk of having a bountiful D-hall is the endless supply of coffee, which I can't get enough of. It's not like it's anything special, but it's so addictive and always available. A few days ago, though, they took away the plastic cups so you can't take coffee out of the D-Hall anymore unless you have, or borrow a reusable mug. This brings new levels of anxiety to my newfound coffee addiction, but also motivates me to be sustainable and invest in my own coffee mug.

You always hear about college kids pulling all-nighters in the library, energized on caffeine and sugar to crank out an essay that's due the next day. I used to think this was just a dramatization but a few days



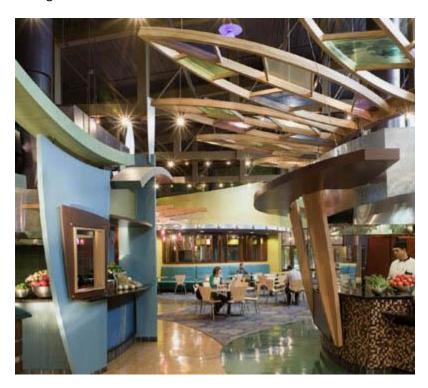
ago I became one of those people. I had an essay due the next day and a lot of reading, so first I stopped by the dining hall, drank a lot of coffee, and spent the next few hours sitting in a chair in the library, trying to make sense of what I was writing.

I left the library feeling very accomplished. Not only did I finish my work, I was also a cliché college student. When I got back to my dorm, though, my roommates were sleeping and I tried to go to bed but my eyes wouldn't close. I lied there, jittery and wired. I had so much caffeine that I couldn't sleep and I woke up the next day utterly exhausted. The moral of the story, I suppose, is to balance the caffeine, especially when it's so readily available in the dining hall.

Although the freshman 15 is very real, it's also possible to be healthy and balanced. Skidmore has many healthy options, making it easy to have a good balanced meal. As can be seen with my past reckless coffee intake, it's all about the balance.

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Dining Hall





Campus Safety Reports: Oct. 18 to 24

By Julia Leef, Managing Editor On Fri, Nov 1, 2013

Campus Safety Reports from Oct. 18 to 24.

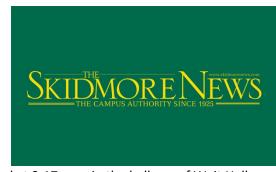
Incidents of Note:

- **Saturday, Oct. 19**-Campus Safety Assist: Concern reported at 2:25 a.m. for a friend who could not be reached. Officers were unable to locate the subject on campus. Desk officer contacted the local authorities and located the subject. Report issued.
- Sunday, Oct. 20-Medical Assistance: The Skidmore College Emergency Medical Service reported a visiting spectator had fainted at 4:20 p.m. at the Williamson Sports Center field. Officer and the Skidmore College Emergency Medical Service dispatched. Report issued.
- Monday, Oct. 21-Fire: Fire alarm activation received at 6:37 p.m. at the Hillside Apartments. Officers, maintenance and the Saratoga Springs Fire Department advised. Active fire on stove from grease. Fire extinguished by the suppression system. Report issued.
- Thursday, Oct. 24-Drug Law Violation: A drug law violation reported at 9:31 p.m. on the third floor of Kimball Hall. Items confiscated. Receipt left. Report made. Received a call from the Saratoga Springs Police Department requesting assistance in locating a student wishing to file a theft report. The room occupant had contacted the Saratoga Springs Police Department to make a formal complaint regarding drug paraphernalia and marijuana seized from the room.

Further Incidents:

Friday, Oct. 18:

- **College Violation:** A noise complaint reported at 1:06 a.m. for the third floor of Penfield Hall. Dispatched officer stated that students complied with the request to lower the volume.
- Suspicious Activity: Students reported at 7:02 a.m. exiting the bus and acting suspiciously in the area of the art exhibit in front of the Tang Teaching Museum. Officers dispatched reported that the subjects were gone on arrival. No disturbances reported.
- **Campus Safety Assist:** A medical transport requested at 9:50 a.m. for a student at Jonsson Tower. Transport completed for medical attention. Report issued.

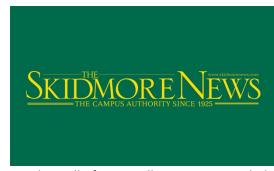


- Suspicious Odor: A faint odor of marijuana reported at 3:17 p.m. in the hallway of Wait Hall.

 Officer reported a very faint odor but was unable to locate the source.
- **Emergency Phone:** Emergency phone activation received at 7:40 p.m. at the Case Center parking lot. Officers dispatched reported no one in the area and no existing problem.
- Campus Safety Assist: A group of four students reported at 12:45 a.m. who seemed to be having trouble walking on Perimeter Road and may have needed assistance. Officers dispatched for a welfare check. Another officer on the scene reported that what appeared to be the same four subjects were fine and declined assistance.
- **Medical:** An intoxicated male reported at 1:30 a.m. in Case Center. Officers and the SkidmoreCollege Emergency Medical Service dispatched. Report issued.
- **College Violation:** Excessive noise reported at 2:17 a.m. at Penfield Hall. Officer dispatched reported that the complaint was unfounded.
- **College Violation:** Excessive noise reported at 1:56 a.m. coming from Dayton Drive. Officers dispatched and the students complied with the request to lower the volume.
- **College Violation:** Alcohol violation reported at 2:35 a.m. in plain view at Jonsson Tower. Report issued.
- **Fire Alarm:** Fire alarm activation received at 6:20 a.m. at Cane Crossing. Officers, maintenance and the Saratoga Springs Fire Department dispatched. Activation was due to burned food. Report issued.
- Medical: A female student requested medical assistance at 9:44 p.m. on the third floor of Jonsson Tower. Officers and the Skidmore College Emergency Medical Service dispatched. Report issued.

Sunday, Oct. 20:

- Intoxicated Subject: Report received at 1:02 a.m. of what appeared to be a highly intoxicated male being assisted by friends in Wait Lot. Officers on the scene requested an ambulance. Subject was transported to the Emergency Room. Report issued.
- **College Violation:** A noise complaint reported at 2:12 a.m. at Penfield Hall. Officer dispatched reported that the resident lowered the volume upon request.
- Campus Safety Assist: Officer assistance requested at 2:54 a.m. with an intoxicated subject in Wait Hall. Officer dispatched reported that no medical attention was necessary. Report issued.
- Campus Safety Assist: Transport requested at 5:13 a.m. to the Emergency Room from Cane Crossing. Officer dispatched and escort provided. Report issued.
- **Campus Safety Assist:** The Saratoga Springs Police Department made a request at 1:22 p.m. for information regarding a student. Assistance provided.



- **Arson:** Student reported a burnt poster at 4:30 p.m. on the wall of Wait Hall. Damage recorded and report issued.
- Suspicious Activity: A suspicious male reported at 11:20 p.m. walking up and down the stairs in the Jonsson Tower Lot. Officers reported that the individual was gone upon their arrival. Subsequent search did not locate the reported person.

Monday, Oct. 21:

- Intoxicated Subject: Subject in Campus Safety office at 12:05 a.m. with a head injury due to a fall. Subject also appeared intoxicated. The Skidmore College Emergency Medical Service called to evaluate the subject. Student was transported to the hospital for further treatment. Report issued.
- **Parking:** Officer reported a vehicle at 4:04 a.m. booted in the Falstaff's parking lot for numerous parking violations this semester. Report issued.
- **Campus Safety Assist:** Transportation requested at 9:30 a.m. for a student from Health Services to the Saratoga Emergency Room. Dispatched officer completed the transport. Report issued.
- **Medical:** Report received at 10:55 a.m. that a student had fallen in Penfield Hall. Officer and the Skidmore College Emergency Medical Service dispatched. Report issued.
- **Medical:** Medical assistance requested at 1:15 p.m. at the Sussman Apartments. Officers dispatched with the Skidmore College Emergency Medical Service. Subject transported to the Emergency Room. Report issued.
- Medical: Report received at 5:58 p.m. that a dancer had fallen in the Dance Theater and hurt her right foot. Dispatched officer and the Skidmore College Emergency Medical Service. Report issued.
- **Medical:** A possible broken ankle reported at 5:58 p.m. at the Williamson Sports Center field. The Skidmore College Emergency Medical Service evaluated the subject who was transported by Campus Safety.
- **Medical:** Student reported at 6:18 p.m. that her friend in Penfield Hall had lower abdominal pain and requested an evaluation and a transport to the Emergency Room. Campus Safety officer and the Skidmore College Emergency Medical Service dispatched. Transport provided.
- **College Violation:** Loud noise and a large gathering of people reported at 11:01 p.m. at Penfield Hall. Officers requested that the subject lower the volume or vacate the area. Residents became argumentative. Report issued.



Tuesday, Oct. 22:

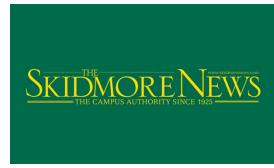
- Accident: Report received at 2 p.m. that an unknown person hit the reporting person's vehicle while it was parked in the Williamson Sports Center Lot. Dispatched officer issued a report and the other driver was identified.
- Campus Safety Assist: A welfare check requested at 3:56 p.m. on a student at Whitman Way, as she had sent a cryptic text to another housemate. Dispatched officer issued a report and forwarded it to the reporting person for intervention.
- **Fire Alarm:** Fire Alarm activation at 5:22 p.m. at the Sussman L Apartments. Officers, maintenance and the Saratoga Springs Fire Department advised. Activation was due to a cooking error. Report issued.

Wednesday, Oct. 23:

- **College Violation:** A noise complaint received at 12:23 a.m. for the third floor of Penfield Hall. Dispatched officer who stated that the area was quiet at the time.
- **Parking Violation:** Officer reported at 11:10 a.m. booting a vehicle parked in Cane Lot as it was unregistered with the College and had numerous violations.
- **Fire Alarm:** Fire alarm sounded at 2:36 p.m. for the Sussman L Apartments. Dispatched all units and advised the Saratoga Springs Fire Department. Alarm was due to cooking.
- **Fire Alarm:** Fire alarm received at 2:42 p.m. for the Sussman H Apartments. Dispatched all units and advised the Saratoga Springs Fire Department. Officers reported that the alarm was due to cooking. Alarm reset.
- **Emotionally Disturbed Person:** Student reported at 8:30 p.m. having difficulties with other students. Officer was able to locate the student and provide transport to the Saratoga Emergency Room for further medical evaluation.
- College Violation: A noise complaint reported at 10:34 p.m. at the Hillside Apartments B.
 Dispatched officers who reported checking the entire building to no avail. Reporting person advised.

Thursday, Oct. 24:

- Campus Safety Assist: An officer requested at 9:22 a.m. to take photos and do a report as it appeared that student in one of the Sussman I Apartments had a campfire, charring the window sill of that apartment. Dispatched officer. Report made.
- Larceny: Officer reported the larceny of a laptop at 10:37 p.m. from the second floor lounge of McClellan Hall. Report made.



- **College Violation:** A loud noise reported at 11:38 p.m. from inside a dorm in Wait Hall. Dispatched officer. Report made.
- **Medical Assistance:** Student advised at 11:56 p.m. from the Hillside Apartments B that he cut his thumb earlier in the evening. Officers dispatched.

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Dylan Lustrin/The Skidmore News





A smoke-free campus: it's about time

By The Editorial Board On Fri, Nov 1, 2013

According to a campus-wide survey conducted by the Office of Health Promotions, approximately four percent of Skidmore students smoke cigarettes on a daily basis. It's a surprisingly small percentage considering the Case Center walkway, the entrances to the Tisch Learning Center and Bolton Hall, and the porch outside of the Lucy Scribner library seem perpetually congested with tobacco smoke.

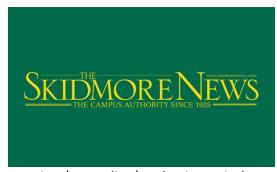
Among college students, the national rate of reported smokers has grown to 30%. In the spring of 2013, 606 Skidmore students completed a survey conducted by the Office of Health Promotions on alcohol and drug use. According to the survey:

- 171 of the 606 students surveyed had smoked cigarettes within the past year
- 35.4% of these students don't smoke during the week while
- 18.9% of these students smoke on a daily basis

With the national rate of reported smokers growing significantly over the last decade, there has been a nation-wide effort on college campuses to instill smoke-free policies. As of July 2013, there are 1,117 100 percent smoke-free campuses in the United States. The Student Affairs sub-committee of the Student Government Association is currently revising its proposal to present to the Institutional Policy and Planning Committee, according to Dean of Student Affairs, Rochelle Calhoun. The Student Affairs sub-committee is composed of Calhoun, members of faculty and members of the SGA, including President of SGA Sam Harris '15.

According to Calhoun, the Student Affairs sub-committee plans to propose a phased process to becoming smoke-free. Beginning in the fall of 2014, designated smoking areas would be established as well as a ban on smoking within twenty feet of a building. The committee plans to have a completely smoke-free campus beginning in the fall of 2016.

Following the lead of Amherst



College and Westchester Community College, the college plans to enforce the ban using signs and placing smoking receptacles 25 feet away from a building entrance. Calhoun stated that violations of the smoking policy would be treated like other policy violations on campus, meaning multiple violations could result in a referral to the Integrity Board for a conduct hearing.

But do students deserve the right to smoke wherever they want?

Not on a private college campus. Furthermore, there is no "right" to use tobacco under either federal or state law. While The Skidmore News does not condemn students for personally choosing to smoke, smoking is exactly that - a personal decision. The use of tobacco does not belong in a public space, especially because, like any negative externality such as pollution, it inevitably affects any person close by. To state the obvious, tobacco smoke is a danger to one's health and the environment. It's a personal decision that, when made in a public space, affects the nearby and uninvolved.

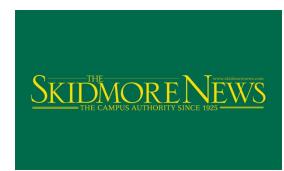
But would the ban be effective?

In a 2008 study, researchers at Indiana University found that after the instillation of a campus-wide smoking ban, the percentage of students that reported smoking cigarettes dropped from 16.5% to 12.8%.

The Student Affairs sub-committee is proposing a realistic and logical plan to slowly phase out smoking. The Skidmore News believes that two other components of the plan must be added as well to make the ban effective:

- 1) A tangible disciplinary action, such as a fine, would enforce the ban much more effectively than pure signage and the possibility of disciplinary action. Tulane University slaps offenders of the smoking-ban with a \$25 fine. To be frank, if we are serious about eventually having a smoke-free campus, the punishment for violation must be more than a mere slap on the wrist or a BASICS course.
- 2) If the college is advocating for a smoke-free campus, it only makes sense that programs for smokers who desire to quit are offered by Health Services. If we are creating a campus that is essentially antismoking, we must help students who desire to quit and acclimate to this new campus culture.

It's about time Skidmore takes this logical step forward to create a healthier campus environment. It's nonsensical to allow second hand smoke in crowded public areas of an intellectual institution nearly 50 years after the Surgeon General declared tobacco smoke highly detrimental to human health. The



smoke-free campus initiative will most likely be largely unpopular and difficult to implement, but in an effort to improve the health of our campus culture it is worth the endeavor.

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The IPPC is planning for a smoke-free campus by fall of 2016.





Bruce and Hailey: "Mind Over Matter"

A weekly comic series By Daniele Guest, Contributing Writer On Fri, Nov 1, 2013



Film Forum: A Touch of Sin and Avocateur

Two hidden gems are playing at the Film Forum this weekend. By Julia Mahony, Columnist On Fri, Nov 1, 2013

One of the films you can view at the Saratoga Film Forum this weekend is Jia Zhang-ke's "A Touch of Sin." The movie is divided into four parts. Each segment is centered on different characters who are driven to brutal events that leave us questioning the nature of humanity.

All four sections of the film are based on true events and represent a modern and dystopian . The characters range from a miner with his own personal interpretation of justice to a young receptionist who is pushed far beyond her limits by a lover, whose response to an ultimatum is a savage one. Though "A Touch of Sin" has a contemporary setting, it heavily draws on the tradition of wuxia, Chinese fictional stories that narrate the journeys of martial artists.

A Touch of Sin won the award for best screenplay at the 2013 Cannes Film Festival. The movie showings at the Film Forum this weekend will be the regional premiere for the film. It is playing at 7:30 p.m. on Friday, November 1st, as well as at 3:00 p.m. on Sunday, November 3rd.

The other film playing this weekend is "Ãvocateur." It is a documentary about the Morton Downey Jr. Show. It showcases Downey's role as a predecessor to conservative commentators, such as Glenn Beck and Rush Limbaugh. The documentary illustrates the great influence the show had on "trash TV," a kind of tabloid talk show designed with some sort of controversial purpose in mind. "Ãvocteur" is playing at the Film Forum at 7:30 p.m. on Saturday, November 2nd. Special Treat: After the movie, meet and converse with the filmmaker! All movie screenings are just \$5 with valid Skidmore ID.



Skidomedy's Friday show did not dissappoint

By Luca Mobilia, Contributing Writer On Fri, Nov 1, 2013

When a member of a comedy group opens a show with a calming monologue you know you are in for a raucous time. This is how Skidomedy started off their first show of the year, The Bonobo Banana Bandana Bonanza. Luke Conley, '14, sat serenely speaking to the audience as snippets of porn mixed in with meditational footage were projected on a large screen behind him. To those who were turned off (pardon the pun), I would remind them that if members of our very own SGA can giggle over a dirty joke, so can they.

Skidomedy went on to cover all of their bases. They started off with a fairly straightforward sketch involving a kiddie clinic, but moved on to less trodden comedic ground. Personal favorites included a sketch where a boyfriend confesses his love for his significant other's father, which ends with the hilarious invitation to the wedding of "Boyfriend and Daddy" and a fake infomercial discussing the plight of those who suffer from "baby face" (they're human too, guys). Probably the best sketch by far was of a gay porn star forced by tough times to turn to straight porn; anyone who can say "your boobs are like giant balls" is okay in my book.

A well-rounded and hilarious show, Skidomedy was a great time for everyone lucky enough to attend. I hope to see the group again in the future with more rip-roaring content.



NBA Talk: The Celtics moving forward

By Andrew Shi, Editor-in-Chief On Fri, Nov 1, 2013

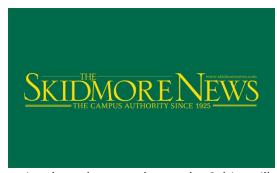
At the moment, Celtics' general manager Danny Ainge apparently plans on rebuilding around a core consisting of all-star Rajon Rondo, Avery Bradley, Jeff Green, Jared Sullinger and Kelly Olynyk, a group of young, very talented players. Everyone else, including the expensive contracts obtained in the Nets trade, are expendable.

The Celtics are currently in a unique position. After jettisoning their two all-stars, Paul Pierce and Kevin Garnett, and former sixth-man Jason Terry, the Celtics officially entered a period of rebuilding. At the moment, general manager Danny Ainge apparently plans on rebuilding around a core consisting of all-star Rajon Rondo, Avery Bradley, Jeff Green, Jared Sullinger and Kelly Olynyk, a group of young, very talented players. Everyone else, including the expensive contracts obtained in the Nets trade, are expendable.

The issue at hand is that while the Celtics are rebuilding, Ainge also seems to be committed to not tanking, as the Suns and 76ers are doing. The Celtics are currently comprised of a bunch of spare parts that on a team with another all-star or two could lead a team to a championship; but alone they'll just mire the Celtics in the undesirable position of straddling the eighth playoff spot. The Celtics are currently a team that will enter the lottery, but are still too good to likely have a chance of acquiring the prizes of a deep lottery.

Ainge currently has two concerns on his mind: the luxury tax and the loaded 2014 draft. Pricey contracts will burden the rebuilding process by restricting trade leeway, and this is a draft that needs to be heavily invested in to expedite the rebuilding process. If Ainge is savvy enough, which he has proven himself to be in the past, then he can trade away the expensive contracts and acquire the draft picks in their place.

There should be a core of players Ainge builds around, but that list should consist only of three of the current players: Avery Bradley, Jared Sullinger and Kelly Olynyk. These are all young players that are good "as is" and will only get better. While Rondo may be the current face of the Celtics, and one of the top point guards in the league, his inconsistent shooting leaves much to be desired, and in a deep draft his value may be optimized by the picks he is traded for. Green is now being given the burden of being Paul Pierce, but he has never shown the ability to do so. Like Rondo, he may be more valuable as a trading piece.



Once the playoffs near and teams begin to look for players to give them that extra boost, the Celtics will receive a lot of calls. Ainge can expect inquires from the Trailblazers, Timberwolves, Pelicans, Mavericks and possibly the Lakers, all who will be battling for that 7th and 8th seed in the Western Conference. Just as likely though, he may receive calls from the Rockets who, once their Omar Asik-Dwight Howard pairing falls through, will need a serviceable power forward.

A possible trade with the Rockets may look like this:

Celtics: Kris Humphries to Houston Rockets

Rockets: Omar Asik to Thunder

Thunder: Kendrick Perkins and first round to Celtics

Kris Humphries, before the move to Brooklyn a year ago, was a double-double machine, averaging 14 points and 11 rebounds. The Thunder are also in desperate need of a good center. As the Thunder battle the Clippers and Spurs for a top seed, they'll need Asik and will likely be more than willing to give up a draft pick. The Rockets may need something more in return, perhaps a young player from the Thunder like Jeremy Lamb, but this is definitely a trade that would benefit all three teams.

The true target of Ainge, though, should be the Bobcats. The off-season acquisition of Al Jefferson showed that this team is impatient to reenter the playoffs after being the butt of jokes for years. What the Bobcats need most is a star point guard. While the Bobcats do not have their own pick, they do have Portland's and Detroit's. This trade will require Rondo, and it is overall a bit unlikely regardless, but if anyone can pull it off it is Ainge:

Celtics: Rajon Rondo, Gerald Wallace

Bobcats: Ben Gordon, Bismack Biyombo, Kemba Walker, Portland's 2014 pick, Detroit's 2014 pick, future first round pick.

This, like the Rocket trade, assumes that Wallace plays again like he did before the move to Brooklyn, when he was hitting career highs from outside and at the free-throw line. Moving Gerald Wallace would move the Celtics' currently highest contract in exchange for Gordon's, which is more expensive but expiring. Portland and Detroit can be expected to be at either a late lottery or a pick or two afterward, where there will still be plenty of talent.

With players like Brandon Bass, Gerald Wallace, Kris Humphries, Courtney Lee and Kieth Bogans, the Celtics have a lot of valuable assets. Even without having to give up Rondo or Green, Ainge, if dogged enough, should be able to trade these players away for a first-round pick or two. At the moment,



though, Ainge needs to commit to rebuilding, which means tanking. If he is to keep Rondo, he should have him pull a Derrick Rose and sit out the whole season so that the Celtics can expect to land bottom five and thus acquire a top-five pick among whatever other picks Ainge acquires by then.

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For now, Jared Sullinger (I) and Rajon Rondo are on the same team, but GM Danny Ainge might find Rondo expendable as he works on rebuilding the Celtics.

Mark L. Baer/USA Today Sports





SLSA Response to SGA Official Statement on Labor Negotiations

By Skidmore Labor Student Alliance On Mon, Nov 4, 2013

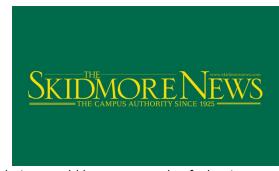
Editor's Note: The views expressed below do not necessarily represent the views of The Skidmore News or the Skidmore News editorial board.

We appreciate the Student Government Association (SGA) statement on labor negotiations as a furthering of dialogue regarding the ongoing negotiations for a contract for SEIU workers on campus. However, we would like to address several issues with the statement and the evident lack of critical thought that went into its release:

We are not sure which of our actions SGA is referring to as "intrusive and inflammatory." The silent demonstration of solidarity with workers on Case Green on September 19th was as quiet, respectful, orderly, and conducive to good faith negotiations as possible. The purpose of the demonstration was to show workers just how many students stand with and support them and to draw the College administration's attention to the students' knowledge and growing concern about negotiations.

If the statement is referring instead to the delivery of the healthcare student body petition during negotiations, there are several points to be made as well. Two representatives from The SkidmoreLabor Student Alliance (SLSA) came into negotiations unannounced, but the delivery of the petition process was respectful, brief, and succinct. It demonstrated solidarity and genuine concern for workers' lives and healthcare. In a survey conducted by SEIU, service workers identified their healthcare plan to be the biggest concern during negotiations. We never act without first consulting workers.

The SGA statement announces hope that SLSA's further actions will respect the processes of the NLRB, but it seems the SGA (or at least the members of SGA Executive Committee that put out this statement) has failed to question whether our own administration and human resources department is respecting these processes. Workers have brought it to our attention that Skidmore College is deducting 5% of workers' gross earnings rather than the agreed-upon 5% of the healthcare monthly premium. This



would be a violation of the current union contract. This violation would be one example of what is eroding 'good faith' negotiations, not a 30-second petition delivery by two students.

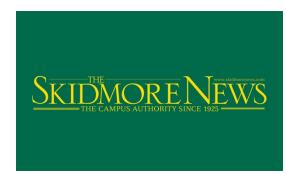
The Skidmore College community is made up of many constituencies of diverse and even divergent interests. The College and the workers do NOT have the same interests, and the discontent of the workers and the process of negotiations demonstrate this very clearly. We also look forward to an agreeable outcome to both parties, but we understand that the workers have more at stake. The SLSA stands with workers in their fight for a fair contract, rather than standing with human resources in their effort to cut costs.

We view the SGA's statement and position as highly irresponsible. As we understand it, SGA's statement was written by the 8-member Executive Committee and never approved by the senate. Nevertheless, the statement was printed out and distributed to workers as an "Official SGA Statement on Labor Negotiations." We see this act as a way not only to divide the student body on this issue but also to dishearten and disempower the workers by condemning our actions of solidarity as intrusive. Workers are reaching out to us for our support and thanking us for our past actions, and now a supposed representative of the student body is condemning the only organized solidarity efforts by students to date.

This is where critical thought intersects with life outside the classroom. We encourage everyone to think about the union battle and our workers' struggles in the larger context of the labor movement. We especially encourage the SGA Executive Committee and the Senators, who weren't consulted about the statement, to think carefully about how they can best "support the Skidmore College community in its negotiations between the administration and its union workers." A statement condemning SLSA's actions of solidarity is doing just the opposite.

We, the Skidmore Labor Student Alliance, hope that all students regardless of affiliation with SGA or SLSA will take this issue seriously. We encourage further dialogue, and we are open to criticism as well as change. All of our meetings are open to students and workers, as we are hoping to create a level of involvement that's never before existed on our campus. It is a particularly contentious time to be doing solidarity work with a body of employees that is so divided, but we hope to create a long-lasting relationship and alliance between the student and working body for years to come. We seek to build a strong, inclusive alliance.

If anyone has concerns or thoughts, please know it is more constructive to share them with us than it is to undermine our efforts of solidarity. If there are any workers reading this statement, we want you to know that SGA's disparaging statement is not going to deter us from standing with you now or in the future.



Feel free to contact us at skidmoreLSA@gmail.com, find information on our website at skidLSA.wordpress.com, or drop by a meeting Sundays 1:00 in the Spa.

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Student Protest: The Skidmore Student Labor Alliance in a demonstration of solidarity outside of the Murray-Aikins Dining Hall on Sept.19.

The Saratogian





Campus Safety Reports: Oct. 25 to 31

On Tue, Nov 5, 2013

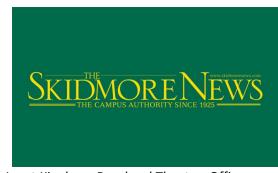
Incidents of Note:

- **Saturday, Oct. 26**-Larceny: The theft of a debit card reported at 8:56 p.m. in Wiecking Hall. Officers dispatched. Report made.
- **Sunday, Oct. 27**-Accident: Damage reported at 12:10 p.m. to the front quarter panel of a vehicle while parked in the Williamson Sports Center parking lot. Second party not present. Report taken.
- Monday, Oct. 28-Criminal Mischief: Reporting person advised officer at 8:46 a.m. that the fire extinguisher in Penfield Hall was missing. Officer located the extinguisher in the second floor kitchenette with the pin out and with graffiti written all over it. Officer brought the extinguisher back to Campus Safety and Facilities was advised to pick it up and replace it.
- Wednesday, Oct. 30-Campus Safety Assistance: Report received at 8:33 a.m. of a student found unconscious on the floor in Jonsson Tower. Emergency Medical Service transported the subject for further medical attention. Report issued.

Further Incidents:

Friday, Oct. 25:

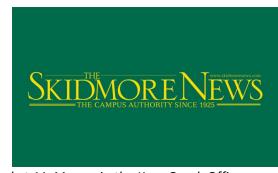
- **College Violation:** Loud music reported at 3:06 a.m. at Whitman Way. Officers dispatched to investigate. Occupants told to keep the music down.
- **College Violation:** People being loud reported at 3:21 a.m. at Penfield Hall. Dispatched officer who reported that the people were gone upon his arrival. Area quiet at the time.
- **Criminal Mischief:** Damage reported at 11:31 a.m. to an outside display at the Tang Teaching Museum. Dispatched officer. Report made.
- **Suspicious Odor:** A gas odor reported at 2:30 p.m. by the south door of McClellan Hall. Sergeant reported normal odor when the boiler first started up and the exhaust was blowing up the south stairs.
- **Fire Alarm:** Fire alarm received at 5:58 p.m. in Sussman K Apartments. Officer responded and observed cooking smoke. No fire observed. Maintenance dispatched, arrived and reset the alarm. The Saratoga Springs Fire Department notified of the call and updated.



- **Fire Alarm:** Fire alarm received at 7:31 p.m. at the Janet Kinghorn Bernhard Theater. Officer on the scene observed an alarm in the utility room. Officer and maintenance dispatched and advised that there was no fire on the scene. Notified the Saratoga Springs Fire Department.
- **College Violation:** Officers responded to a loud, large gathering at 11:21 p.m. in the Whitman Way area. Dispatched officers.
- **Fire Alarm:** A fire alarm received at 11:41 p.m. at 12 Whitman Way. Officers found a heavy smoke condition from marijuana upon their arrival. The Saratoga Springs Fire Department was contacted and advised.

Saturday, Oct. 26:

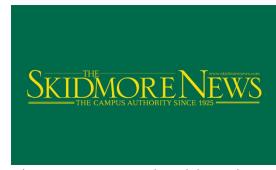
- **College Violation:** A noise complaint reported at 12:26 a.m. at Whitman Way. Dispatched officers who reported loud music.
- **College Violation:** A noise complaint received at 2:44 a.m. from the Sussman Apartments. Dispatched officers who reported loud music and told the residents to turn it down.
- **Criminal Mischief:** Report received at 2:24 a.m. that a front door in Wait Hall wouldn't close. Dispatched officer and maintenance who requested a carpenter. The carpenter reported at 6:16 a.m. that the door had been repaired.
- **College Violation:** A noise complaint received at 3:04 a.m. in Wait Hall. Dispatched officer who reported the noise was coming from a loud television.
- **College Violation:** A noise complaint received at 3:40 a.m. from Dayton Drive. Dispatched officers.
- **Fire Alarm:** Fire alarm received at 8:14 a.m. at the Hillside Apartments A. Dispatched officers, maintenance and advised the Saratoga Springs Fire Department. Alarm was due to cooking. The Saratoga Springs Fire Department was advised.
- **Criminal Mischief:** A broken exit light discovered at 9:17 a.m. on the seventh floor of Jonsson Tower. Dispatched officer. Report made.
- **Medical Assistance:** Reporting person requested the Skidmore College Emergency Medical System at 7:06 p.m. to check head for a possible concussion in Jonsson Tower. Officer and the SCEMS dispatched. Patient transported to the Wilton Medical Arts by a friend.
- **Criminal Mischief:** Officer reported finding a hole at 8:48 p.m. in the second floor east stairwell of Penfield Hall.
- Intoxicated Subject: A friend reported intoxicated at 11 p.m. at the Sussman K Apartments. The Skidmore College Emergency Medical Service requested. Officers and the SCEMS dispatched. Subject transported to the Saratoga Emergency Room for further evaluation.



- Intoxicated Subject: An intoxicated female reported at 11:44 p.m. in the Keys Quad. Officers and the Skidmore College Emergency Medical Service dispatched.
- **Criminal Mischief:** Two males reported at 11:50 p.m. urinating on a Moore Way building and then smashing a bottle against the reporting person's door after she closed it. Officers dispatched but subjects were gone upon arrival. No damage found and the glass was cleaned up by a resident.
- **Suspicious Activity:** A suspicious vehicle reported at 9:30 p.m. parked in the Cane Crossing Parking Lot.

Sunday, Oct. 27:

- **Drug Law Violation:** Drug paraphernalia reported at 12:17 a.m. in a room on the second floor of Kimball Hall. Officer dispatched.
- **Intoxicated Subject:** An intoxicated female reported at 12:18 a.m. in Wilmath Hall. Dispatched officers and the Skidmore College Emergency Medical Service.
- Medical Assistance: The Skidmore College Emergency Medical Service called at 12:29 a.m. to report an intoxicated female in the second floor bathroom of Ladd Hall. Unable to locate the subject. Officer later reported finding the subject and dispatched the SCEMS.
- Intoxicated Subject: An intoxicated male reported at 12:39 a.m. in second floor lounge of Wait Hall. Officer dispatched. The Skidmore College Emergency Medical Service dispatched.
- **Disorderly Conduct:** Officer reported at 12:22 a.m. that a student pushed past him at an event in Case Center.
- **Suspicious Activity:** A suspicious vehicle reported at 9:30 p.m. parked in the Cane Crossing Parking Lot.
- Intoxicated Subject: An intoxicated female reported at 2:19 a.m. on the second floor of McClellan Hall. Officers and the Skidmore College Medical Emergency Service dispatched.
- **College Violation:** Campus Safety received a noise complaint at 2:25 a.m. from the second floor of Penfield Hall. Officers dispatched.
- **Drug Law Violation:** A drug law violation observed at 2:40 a.m. in Jonsson Tower.
- Drug Law Violation: Officer reported a drug law violation at 2:40 a.m. at Penfield Hall.
- Suspicious Odor: A suspicious odor reported at 7:33 p.m. on the second floor of Penfield Hall. Officer dispatched.
- Medical Assistance: A friend reported at 10:09 p.m. in need of medical assistance in Case
 Center. Officers and the Skidmore College Emergency Medical Service dispatched. Transported
 the subject to the Saratoga Springs Emergency Room.



• **Suspicious Activity:** Officers reported a suspicious male at 11:42 p.m. near the exhibit at the Tang Teaching Museum.

Monday, Oct. 28:

- **College Violation:** Excessive noise reported at 1:38 a.m. at Dayton Drive. Officer dispatched reported that the resident lowered the stereo volume upon request.
- Aggravated Harassment: Offensive texts reported at 4 p.m. at Cane Crossing. Follow up conducted and report taken.
- Medical Assistance: Reporting person in Campus Safety office at 8:01 p.m. stated that he would like the Skidmore College Emergency Medical Service to check him over. Dispatched the SCEMS.
- **Medical Assistance:** Assistance requested at 9:28 p.m. for a hand injury at the Saisselin Art building. Dispatched officer and the SCEMS.
- Medical Assistance: Assistance requested at 10:04 p.m. for a student who was hit in the nose during intra-murals at the Williamson Sports Center. Dispatched officer and the Skidmore College Emergency Service.
- Medical Assistance: Reporting person in Campus Safety office at 10:14 p.m. requesting to be checked over as he had just hit his head. Dispatched officer and the Skidmore College Emergency Medical Service. Transported the subject to the Emergency Room.
- **Medical Assistance:** Assistance requested at 10:55 p.m. for a visitor who had injured his ankle at Dayton Drive. Dispatched officer and the Skidmore College Emergency Medical Service.

Tuesday, Oct. 29

- College Violation: Loud music reported at 12:28 a.m. at Penfield Hall. Officers reported the call was unfounded as they did not detect any noise.
- **Drug Law Violation:** A suspicious odor and loud music reported at 12:59 a.m. in Jonsson Tower. Officer advised of a drug law violation in plain view. Report issued.
- **College Violation:** Loud music reported at 2:55 a.m. from a neighbor in Penfield Hall. Officer advised the residents who complied with the request to lower the volume.
- **Campus Safety Assistance:** Reporting person in the Campus Safety office at 8:34 p.m. requesting a transport to Wilton Medical. Dispatched officer who completed the transport.
- **College Violation:** A noise complaint reported at 11:44 p.m. at Penfield Hall. Dispatched officer who spoke with residents who complied to lower the volume while in the lounge area.
- Fire Alarm: Fire alarm activation received at 11:44 p.m. from a Cane Crossing residence.
 Dispatched officers, maintenance and the Saratoga Springs Fire Department. Activation due to a cooking error. Report issued.



Wednesday, Oct. 30

- **Fire Alarm:** Fire alarm activation received at 9:44 a.m. at the Sussman Apartments. Dispatched officers, maintenance and advised the Saratoga Springs Fire Department. Alarm activation due to a cooking error. Report issued.
- **Medical:** An ill employee reported at 1:23 p.m. at the Murray-Aikins Dining Hall. Officer dispatched reported that the employee was transported for medical attention. Report issued.
- **Emergency Phone:** Officer initiated the monthly testing of emergency phones, handicap doors, and the academic fire system at 8 p.m.
- **Complaints:** A truck reported at 8:31 p.m. with two occupants throwing eggs out the window in the Jonsson Tower Lot. Dispatched officer was unable to locate the vehicle.

Thursday, Oct. 31:

- Campus Safety Assistance: Student requested a courtesy transport at 1:51 p.m. from Jonsson Tower to the Williamson Sports Center. Officer completed the transport.
- **Medical:** Assistance requested at 5 p.m. for a female who had been sick at Cane Crossing. Officers and the Skidmore College Emergency Medical Service dispatched. Report issued.
- **College Violation:** Noise complaint received at 8:25 p.m. for a loud stereo at Dayton Drive. Officers dispatched reported detecting no noise. Call unfounded at this time.
- **Emergency Phone:** Call received at 7:52 p.m. from an elevator phone. No response from the caller. Officer dispatched reported that the elevator was clear and working properly.
- **Liquor Law Violation:** A liquor law violation reported at 9:10 p.m. in plain view in McClellan Hall. Report issued.
- **College Violation:** Loud noise reported at 9:22 p.m. in the common area on the third floor of Penfield Hall. Dispatched officer reported that there was a loud group which had passed along to another area.
- Suspicious Odor: A suspicious odor reported at 9:36 p.m. in the stairwell of Wiecking Hall. Dispatched officers who reported detecting a musty odor. Call unfounded.
- **College Violation:** A noise complaint received at 10:58 p.m. on the first floor of Kimball Hall. Dispatched officers reported that residents complied with the request to lower the volume.
- **College Violation:** A noise complaint received at 11 p.m. in Penfield Hall. Dispatched officer spoke with the students who complied with the request to lower the volume.

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Dylan Lustrin/The Skidmore News







Liberty League tabs three Thoroughbreds

By Katie Peverada, Sports Editor On Tue, Nov 5, 2013

This past week, the Liberty League selected three Thoroughbreds to honor for their performances in the pool and on the field. Two of them, Catherine King '15 and Erin Donovan '17, started their seasons with stellar performances, while the third, Kelly Blackhurst '14, continued to produce as the playoffs approach.

Catherine King '15 - Women's Swimming and Diving - Performer of the Week

Skidmore opened its season with meets against St. Lawrence and SUNY Potsdam and King earned seven first place finishes between the two. Against St. Lawrence, King won the 50 and 100-freesyles (24.88 and 55.66) and was the anchor of the winning 200-freestyle relay team. Against Postdam, King again took home first place in the 50 and 100-freestyle races (25.15 and 57.17), the 200-freestyle (2:04.61) and added a first place in the 400-medley relay.

Erin Donovan '17 - Women's Swimming and Diving - Rookie of the Week

In her first two meets as a Thoroughbred, Donovan came away with four first place finishes. In the two meets against St. Lawrence and SUNY Postdam, Donovan won the 100-backstroke with times of 1:03.40 and 1:03.28, respectively. Against Postdam, Donovan also added a win in the 200-backstroke (2:17.64), 200-individual medley (2:24.37) and was part of the first place 400-freestyle relay.

The swim teams are back in action at 1 p.m. on Saturday at home against Vassar.

Kelly Blackhurst '14 - Field Hockey - Offensive Performer of the Week

Blackhurst continued her amazing senior campaign, earning her fourth OPW of the season in the process. In the Thoroughbreds' 9-4 win over Stevens Tech, Blackhurst netted four goals and one assist. The nine points were a season-high for Blackhurst, who was also named to the 2013 Front Rush/NFHCA Senior Game. Blackhurst will look to continue her amazing scoring pace in the Thoroughbreds' Liberty League semifinal at home at 2 p.m. on Wednesday against Vassar.

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Kelly Blackhurst '14 earned her fourth Offensive Performer of the Week award.



Katie Peverada





Faculty discuss fundraising campaigns and tenure in November meeting

By Emily Singer On Wed, Nov 6, 2013

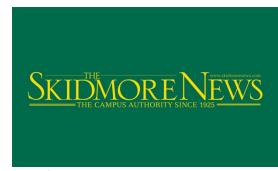
Faculty members discussed efforts to raise 220 to 240 million dollars for various renovation projects in the monthly faculty meeting on Nov. 1. They also continued their debate regarding the language of the Faculty Handbook in reference to tenured and non-tenured faculty. The meeting was led by Dean of Faculty and Vice President of Academic Affairs Beau Breslin in the absence of President Philip A. Glotzbach.

The recent visit of the Board of Trustees to the campus, which was extended a few days more than expected, involved much discussion of tenure, budget plans, and a campaign currently underway to raise the over 200 million dollars. This money support the College's plans for a new science center, a new admissions space, the Tang Teaching Museum, the college endowment, and financial aid for students.

The College will raise the money over the next six years, and 50 million dollars has been raised so far from generous donors, according to Mike West, Treasurer and vice president for Finance and Administration, who spoke on the tentative budget for the upcoming year. Other upcoming construction projects include the renovation of Case Center, for which the College is currently working with a consultant, but plans to begin the actual reconstruction won't start until after the new science center is completed.

Another heavily discussed topic for faculty members was the criteria standards for tenure, including how to improve the process of granting professors' tenure. Suggestions ranged from creating a process more effective in determining which faculty members receive the benefit of tenure, which is currently decided by the Board, and editing the language of the faculty handbook to be distinguished between the obligations of tenured and non-tenured faculty.

The Faculty Executive Committee brought forward revisions to the more out-of-date language in the faculty handbook, which resulted in a lengthy conversation amongst faculty members concerning whether faculty as a whole should be addressed in the book or if it should be categorized between tenured and non-tenured faculty. Several faculty members brought up concerns that faculty seemed to be treated differently and received different benefits depending on whether or not they had tenure.



Many faculty members were opposed to changing the language of the handbook without understanding the true difference between tenured and non-tenured professors, as well as whether it would be necessary to distinguish between them at all in the handbook. In the end, the majority of the faculty voted to table the motion indefinitely until the FEC rewrites their new propositions for the handbook to be discussed again at the next meeting.

Another policy under review is the College's general education requirements, which the Committee on Education Policy and Programming is discussing with the Student Government Association and various academic departments. In addition, the Institutional Policy and Planning Committee is working on a new Strategic Action Plan that will detail the various goals the College would like to see executed within the next 10 years. These goals include improving or altering various departments and improving the "transition and transformation" program the College runs to aid post-graduate students with linking their Skidmore College career to a job.

The meeting concluded with the FEC acknowledging the work of President Glotzbach and his wife Marie in the past ten years since they were inaugurated as head figures of the school, followed by a round of applause by the faculty.

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Faculty Meeting

www.upenn.edu







The Conversationalist Column

By Eleanor Rochman On Thu, Nov 7, 2013

The word "Sonder," according to urban dictionary is, "the realization that each random passerby is living a life as vivid and complex as your own." (But don't try to look it up in a real dictionary, like I did).

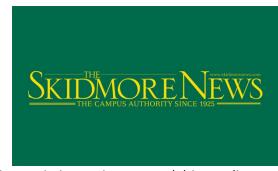
This made-up word could be linked to the French word Sonder, which means to probe, question, fathom or explore; therefore, even just attempting to contemplate the world, full of minds and their infinite complexities, requires an exploration of the psyche. But no matter what the word's origin, I find it is a beautiful concept to realize that one can live in and of humanity with the knowledge that every being shares an equal amount of importance. This perspective gives an individual the ability to see oneself in others. It allows you to want to question and seek advice from all fellow humans based on the opinion that their thoughts are just as complex as your own.

The concept of the word "sonder" was my inspiration to start a column called The Conversationalist. Its goal is to create a campus-wide connection through finding similarities between the most different of personalities. It's a column about random conversation with random people because as students of mankind, we are what we want to learn about.

Unfortunately, I suffer from an intermittently open-personality which makes my internal social butterfly a very spontaneous creature. Only when experiencing an unknown inner drive and uncontrollable need to talk to an unfamiliar face, do I explore extroversion. The definition of Sonder defines the source of indescribable hunger to talk and know people - such a drive is not unknown, it comes rather from wanting to realize global connections. The depth of life and thought we experience on an individual level allows us to understand only half of the world. If we could understand each other as much as we do ourselves, our connection as a human race would be profoundly stronger.

Granted, a small, bi-weekly college opinion column will probably not reach national or global exposure, but if anything, you will meet a new skid-kid every week. But be forewarned; as I am by no means a professional conversationalist, the beginnings of this column could be as awkward to read as my first random interviews will be.

Lastly and more importantly, reading about the other kids on campus does not constitute meeting them. I guess, really "the Conversationalist" is an attempt to inspire interpersonal curiosity. And so, I dare you to sonder the word sonder and then put this newfound realization to task by sonder-ing the 7.11 billion



individuals around you that are full of the same complexities, anxieties, excitement and drive to discover humanity.

Spontaneous interview victims are a lot harder to find than one may assume. You need to catch them alone and bored while participating in nothing more strenuous. My first two attempts at finding random interviewees was unproductive and discouraging; luckily, third time's the charm is a wonderfully accurate phrase.

The first skid-kid I tried to talk to was standing in a t-shirt advertising yogurt, waiting for a sandwich in D-hall. I wish I had known that he would not have had the time to hold a short, friendly conversation because the situation quickly became uncomfortable when he blushed and tried to politely hint that he wanted nothing to do with an interview.

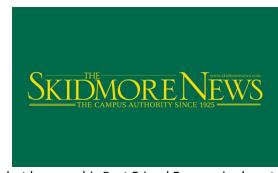
In short, attempt number one equalled ultimate rejection: the word NO. This, I would generalize, is the one word people fear the most in stranger to stranger interactions and maybe even in life. And the cold honest truth of any social venture is that there is no way to guarantee avoiding rejection. The only way to get over "NO" is to not be discouraged.

I introduced myself to another kid in dhall, asked him questions, and in return, got answers - facts. Unfortunately, I didn't want to know what he did, I wanted to know who he was. This was, again, an underlying form of rejection defined by a lack of connection due to my amateur interviewing skills. I thanked my second interviewee for his time and patience but still knew little to nothing of his character. I wanted to know his opinions, inner joys and strifes! I annoyed him for nothing but another half-assed conversation.

After ruminating over my unsuccessful questioning tactics, I decided to take a break and think about what I was doing wrong. I wanted to stop going up to strangers and ask them questions, I felt self-conscious and annoying. Maybe random conversation is a rare phenomenon. Maybe it's hard to find people comfortable with talking to people they don't know and I can't say that I'm not.

Then, one night, I wandered out of my dorm room on the second floor of McClellen no longer able to concentrate on homework, and the two interviewees of my dreams were right in front of my eyes. I met Kermit and his Best Friend Forever (their preferred pseudonyms) at midnight and they told me about...

Before I begin, I should mention, in favor of Kermit especially, that his present state of consciousness during the interview could have been slightly impaired. He was, in fact, slightly incoherent, perhaps simply due to an overdose of sleeplessness. In other words, one could say he was drunk tired.



Also, I might add, that this was an interview of just Kermit, but because his Best Friend Forever is almost like part of him, it was impossible to interview one of them without the other as they literally finished each other's sentences. Their physical image is irrelevant because it is their essence that makes them beautiful people.

And so, what follows is a simple description of this adventure-filled interview. Kermit and his Best Friend Forever have known each other for a whole 7 years. Their relationship thrives off of nonsensical and vulgar usage of unnecessary profanity. Their verbiage, according to Kermit, displays their indescribable brotherly connection as there is very little that could break such a friendship, or rather, bromance.

However, despite their free expression of playful scorn towards each other, Kermit and his Best Friend Forever have always been there for one another; namely throughout their girl problems. These girl stories went on and on along with other childhood stories shared between Kermit and his BFF.

Kermit and BFF taught me about what it means to be best friends. They know each other's deepest darkest secrets. They will attend each other's weddings as best man, they have grown, are growing and will grow old together because their bro-love is so strong that they can "say whatever the fuck they want" around each other and that bond will never be broken. However, they also taught me about what it means to really know who someone is.

It didn't take long for the interview to reach a point at which I no longer had to ask questions and could observe my interviewees in their natural habitat. Then, I realized that the best way to get to know who someone is when they are themselves around you, not by asking stupid questions about the facts. I didn't even need to know their real names!

It's true that Kermit and his Best Friend Forever demonstrate a type of support and relationship to each other greatly envied by most humans, but I don't think this bond is uncommon. It's possible for everyone to be like Kermit and his BFF, and I know they would agree with me. The last thing I asked Kermit was about his philosophy on life, and he told me that one very important principle he lives by is that there is no such thing as a bad thing. He said, "A bad thing is just a good thing that didn't happen." So, isn't every rejection just an opportunity to try harder to be accepted? Isn't every awkward conversation just a connection that hasn't been made yet? Isn't every stranger just a friend that hasn't been found? From this philosophy, we must refuse discouragement; we must be blind to the fear of rejection and plunge into every stranger-stranger interaction knowing that we could find a Kermit and/or Best Friend Forever.

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Conversationalist



LISTALK MORESS



Synthesizing "Happy": Simple Tricks of Positive Psychology that Promise to Maximize Potential

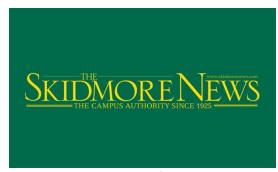
By Brittany Dingler On Thu, Nov 7, 2013

If you have ever taken Psych 101 or read any recent pop psychology blurbs or articles, you've likely heard of effective but gimmicky tricks. For instance holding a pen with your teeth to trick your brain into generating the positive emotions that typically precede a smile which have the capacity to improve mood, decrease stress levels, etc. Although these findings are significant in our understanding of how behavior affects emotions, these psychological party tricks also tend to be short-lived (maximum of a few hours) and should, therefore, be reconsidered as supplemental tactics to a more long-term strategy.

As we have all experienced the elation of getting into Skidmore, one of the most highly selective colleges, this does not ameliorate the attendant stress of excelling here. We often convince ourselves that we'll be happy as soon as we get through that next paper, test, or presentation. But many of us are also guilty of perpetually pushing that happiness into the future, creating an unnecessary parallel to the cyclic Sisyphus experience - essentially, we make 'happy' unobtainable. So why do we do this? It appears as though the hallmark of this cortisol-ridden cycle is our tendency to confuse stress with productivity and, because we've always been taught to perceive stress as toxic, we create two worlds in which stress and happiness are isolated such that both cannot be experienced simultaneously. This is unfortunate because the combination has actually been found to maximize the beneficial effects of both stress and happiness on our minds and bodies. This tendency to create a stress/happiness dichotomy is also ironic because, though we are inclined to try to defer happiness until our next task has been completed, recent studies have shown that productivity and creativity actually increase when our happiness quota increases.

So how do we increase our happiness quota? Flow and gratitude. Mihaly Csikszentmihalyia dubs the quintessential example of the profit of coupling stress and happiness as "flow," where one loses him or herself through engagement in activities in which we excel that are *difficult*. The difficulty is important because Mihaly finds that by allocating a significant portion of primary mental and physical resources to the task at hand, we lose sight of all of the minor and major negative concerns plaguing our everyday lives. This form of escape is not effortless, but is most definitely obtainable.

Shawn Achor, one of today's leading positive psychologists and CEO of Good Think Inc, offers some scientific reasoning for why it is so essential to make happiness an accomplice in achieving our goals

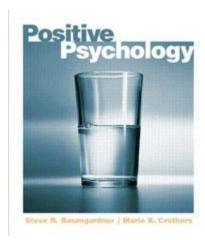


rather than merely an eventual end product. Achor discusses how happiness is one of two primary products of the neurotransmitter dopamine that is released when we are positive. The second product? The illumination of all of the brain's "learning centers." Essentially, by finding positivity *now* we enable ourselves to be both happier and more successful.

A primary tool Achor offers to achieve this necessary baseline of positivity is gratitude. Gratitude is not reserved for the last Thursday of November in which the traditional, grossly broad 'thanks' are cashed in for turkey and pie. Rather, the idea of gratitude is an exercise that teaches us to manipulate our perceptions such that we bias the ratio of 'good' and 'bad' in the world to tip toward the positive. How? Achor finds that by taking just two minutes each day to think about three things for which we are grateful, we can "retrain" our brains to view the world through a more positive lens, thereby allowing rates of happiness to increase. The result? Increased success. In all, it turns out that deferring happiness is not only unnecessary, it is also counterproductive. Rather, by upping our happiness quotient using techniques such as gratitude and challenging ourselves through moments of 'flow,' we can do better and feel better *now*.

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Positive Psychology





Field hockey dominates Vassar to return to Liberty League championship

By Katie Peverada, Sports Editor On Thu, Nov 7, 2013

With a 4-0 win over Vassar on Wednesday, the Skidmore College field hockey team will return to the Liberty League tournament final where they will face William Smith.

Skidmore scored under two minutes into the game and it would prove to be the game-winner. Captain Pauline Searles '15 had a beautiful carry down the baseline, forcing her way to the net where she fed Sam Skott '15 near the left post. Skott was quick to give credit to Searles for setting up the goal.

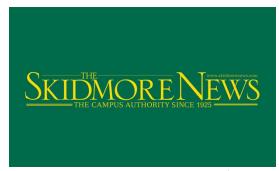
"I took Pauline's great pass, I just happened to pop by the goalie at the right time," Skott said. The first half quickly turned into a goal-tending clinic, with both Brelis and Haley McDougall '15 coming up big for their teams.

McDougall had five saves on the day, but the most important came just 1:23 into the game when she had a point-blank save on a Vassar shot. Not only did the score remain tied but the Thoroughbreds moved the ball up the field quickly to set up Skott's game-winner. McDougall came up big again with time winding down in the first half when she fought off a Vassar screen and made a save with her left leg to send the Thoroughbreds into halftime with a lead.

Skidmore came out strong in the second half, and Searles sent the ball to the high-far post for a 2-0 lead. About 20 minutes later, Krista Lamoreaux '17 found the back of the net with a hard low shot from the box to make it 3-0. Jenn Hanks '16 put an exclamation point on the victory when she lofted the ball past Brelis for the final goal of the game. Skidmore dominated the game offensively, outshooting Vassar 28-7.

Skidmore was able to generate several offensive opportunities off of transitions. Dani DeGregory '16 had several nice runs down wing, nearly scoring at the 19:00 mark of the first half when she beat the Vassar defense on the right side, cut in and dove to get a shot off on the backhand. Brelis, though, was able to make one of her 17 saves. The Thoroughbreds held a 15-4 penalty corner advantage in the game.

Defensively, Skidmore never let Vassar gain any serious momentum as they had trouble even breaking into the offensive third of the field. Lamoreaux and Sam Revera '15 played a huge role in manning the middle of the field for the Thoroughbreds, coming up with several huge stops and quickly sending DeGregory and Skott on counterattacks. Hanks and Annie Weis '14 stood tall all game long, both coming



up with key stops to crush any momentum Vassar was gaining. Five minutes in to the second half, Vassar was able to draw McDougall out of the net and postmark a ball for the back of the net, but Hanks came out of nowhere to dive to her right and keep the ball out of the net with a defensive save and preserve the 2-0 score. Around the 22:00 mark Weis was able to shutdown the Vassar offensive and immediately send Skidmore the other way.

The Thoroughbred victory was extra-sweet, as it was coach Beth Hallenbeck's 200th at Skidmore. Hallenbeck's career mark of 270-135 ranks 15th all-time among Division III coaches. Additionally, the win avenged a 2-1 loss to Vassar earlier in the year. The 1 p.m. home game on Saturday will be a rematch of the 2011 championship, a game Skidmore won 2-1 over William Smith.

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Annie Weis '14 stood strong for the Thoroughbred defense, a huge factor in the 4-0 win.

Katie Peverada '14

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Pauline Searles '15 (7) had strong two-way play, allowing the Thoroughbreds to avenge a 2-1 loss to Vassar earlier this year.

Katie Peverada '14

#1.3114673:3805863197.jpg:field hockey

Sam Skott '15 scored within the first two minutes, but it would prove to be the only goal Skidmore would need.

Jerry Rodrigeuz















Piper Kerman scheduled to give lecture at Skidmore College

By Blair Warren, Contributing Writer On Fri, Nov 8, 2013

Have you ever wondered what life in prison would be like? You're not the only one. "Orange is the New Black," a memoir about author Piper Kerman's time in prison and now a popular television show, has gained a large following since it appeared on Netflix.

Becky Stern '14, Speakers Bureau chair here at Skidmore College, is one of many fans intrigued by Kerman's story. She stumbled upon the book and later discovered the television series, and was fascinated by what Kerman had to say about women and America's correctional system.

Piper Kerman will be giving a lecture hosted by the Speakers Bureau on Nov. 12 at 7 p.m. in Gannett Auditorium. This lecture will hopefully explain the role of privilege in America's prison system, the power struggles present within prison walls, and Kerman's opinion on the current state of prison reform in this country. She will also delve into the process of turning her memoir into a television show.

Kerman tells "powerful, sharp, and brilliant stories," while still being "energetic and fun!" said Stern. This lecture will hopefully provide a memorable, eye-opening experience for the Skidmore community.



Film Forum: The Spectacular Now

"The Spectacular Now" authentically celebrates youth.
By Julia Mahony, Columnist
On Fri, Nov 8, 2013

The Spectacular Now is a must see. As people who have graduated high school recently and have college graduation on the horizon, it is easy to relate to imminent transitions in the characters' own lives. The film has been compared to "Say Anything" and "The Perks of Being a Wallflower," smash hits and timeless classics in this genre. Since there are so many phony depictions of romance involving people our age in film, it is refreshing to see a genuine portrayal with no sugarcoating.

The Spectacular Now begins with a portrait of a hedonistic young man. Sutter Keely (Miles Teller) is the beloved class clown, and, in his own words, "the life of every party." He views himself as the king of living in the moment. Things aren't too bad for Sutter either. He has a popular girlfriend and a great job, not to mention everyone likes him. However, no one takes him seriously. Sutter refuses to even think about the future, because he is too busy living in the now. As a high school senior, he is alone in his refusal to acknowledge the impending changes coming his way, resulting in his girlfriend choosing to break up with him. Sutter deals with this emotional blow the same way he deals with everything, by drinking. The next morning he is found by classmate Aimee Finicky (Shailene Woodley) passed out on her lawn. After offering to help her with her paper route, the two become friends.

The heart of the movie is in its authenticity. Sutter and Aimee's relationship with one another is convincingly awkward at first. Rather than some grand romantic proposal, the two organically grow closer to one another over time. Sutter helps Aimee stand up for herself and she gets Sutter to admit to emotions that he has kept masterfully hidden from others, as well as himself. One of the most unique aspects of this film, in regard to its genre, is that events that are usually emphasized, such as prom and graduation, just happen like other events in the characters lives. No life-changing revelations occur during these events, but rather the changes take place in a more realistic ways, when the characters are at their most vulnerable. Teller and Woodley deliver truly palpable performances. The honesty with which they convey the story is original and poignant. Both actors were awarded the Sundance special Jury Award for their work in this film.

"The Spectacular Now" will be playing at the Saratoga Film Forum this weekend on Thursday, Nov. 7 and Friday, Nov. 8 at 7p.m., as well as Sunday, Nov. 10, at 3p.m.



The 5 kids you'll meet in class

By Katie Peverada, Sports Editor On Fri, Nov 8, 2013

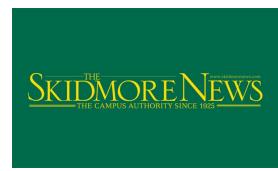
You all know one. Every class has one. Maybe you are the one. I'm talking about the kids in class that everyone clearly hates. Maybe you get lucky and have a couple classes every semester where your fellow students are compassionate and polite learners. But, more often than not, you're going to have at least one of these kids in your class. These are the kids that I have encountered, and I'm willing to bet you all have too:

The Hand-Raiser: This is the girl or boy who raises their hand to answer every question asked - or not asked. Look, I understand that some people retain more of the reading than I do, and therefore they know more answers or can offer more input. However, there is no way that someone can know the answer to every single question every single class - unless they're Ken Jennings. Put your hand down and stop making the rest of us look stupid.

The Pretentious One: These kids are mostly found in the Humanities and use big words. As a result I don't expect science majors to have that many run-ins with them, as science majors use words the average student doesn't understand anyways. But I digress. Dear Pretentious Student, stop speaking with terms that you clearly used Theseauraus.com to look up before class and talk like a normal college student. Also, stop correcting or saying "Ahh...well actually." Oh really? You disagree? I don't care if you disagree. In fact, I welcome it. I do, however, care that you clearly think you're better than everyone else in the class. Frankly, nobody cares what you have to say.

The One Who Dresses Obnoxiously: This is probably the wrong venue for this, but I think it applies to kids in class that I hate because you're distracting us. You're distracting with your god-damn clothes. You honestly have to TRY that hard to dress that badly. Okay, I know I'm not the next Eleanor Waldorff (if I had a nickel for every time someone has made fun of my sailboat oxford, I could buy another sailboat oxford), but I know enough about fashion to know that you shouldn't look like that. Instead of learning, I'm spending half of the class trying to figure out why you're wearing two pairs of tights, rain boots, a turtle neck, and a nineties wind-breaker that isn't even weird enough to be weird-cool. Dress normally.

The Texter: I'll be honest. I've texted in class before, but I think everyone has at some point (I actually don't even use my phone as of late, but that's part of my mid-life crisis you don't care about). I'm talking about the girl/boy that has their phone on their desk "hidden" underneath their "notebook." You're



clearly not taking notes. You're texting. I want to know, though, what it is that could be so important that you have to text for fifty-five minutes straight. It's rather rude.

The Jerk(s): Usually, there are two or three kids that have signed up to take the class together. They sit in the back row. They dump on the professor for what they're wearing. They make fun of a kid who doesn't know the answer when called upon. They make themselves look like huge donkeys. They claim they "didn't see the homework assignment" or that they "thought it was due tomorrow." Really? You thought it was due on a day we didn't have class?



State of Our Unions

By Alex Hodor-Lee, Op-Ed Editor On Fri, Nov 8, 2013

The recent "union battle" has been dramatic. Like me, you probably require a simple explanation.

Some employees at Skidmore - dining hall workers, spa cooks and night shift workers - are part of the SEIU union. Unions have their benefits. Think of it like this: when citizens are too busy to engage in negotiating complex policy issues, they elect representatives to negotiate laws on their behalf. Citizens then pay taxes to keep the government and representatives' salaries a-flowin'.

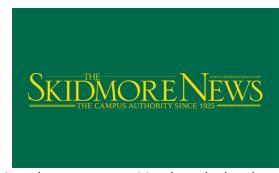
Unions are similar. Workers pay dues (a la taxes) to a union that represents them in negotiations. In this case, workers are negotiating the terms of their healthcare, pensions and salaries with Skidmore College administrators.

Last spring, a disgruntled Skidmore employee convinced other workers to join a new union, UPSEU. This created a divide among workers at the College. Recognizing the divide, Skidmore administrators encouraged workers to de-unionize so that the College could have greater hiring and firing power, and, in some cases, actually increase benefits to workers they appreciate. While on the one hand this is meritocratic, it also decreases job security for employees. De-unionizing would cost the College more money, but it's a cost their willing to incur if it means a more direct relationship with workers, according to administrators.

Having rejected the notion of de-unionization, workers will vote which union to represent them: SEIU, which has represented them since 1974, or UPSEU, a new but risky choice (such is the nature of change). The vote will take place on Nov. 13.

This is the part that confuses me (and I'm sure many of you). A coalition of students formed the Skidmore Labor Student Alliance (SLSA). A difficult acronym, but you can call them *Slizza!* SLSA began as a student-led group that stood in solidarity with workers, supporting workers regardless of which union employees preferred. On Sept. 25, they held an impressive silent protest outside of the dining hall to show solidarity for Skidmore workers, who were going through a period of adversity.

It soon appeared the SLSA was providing lip service for SEIU, working closely with Teresa Mack-Piccone, a head SEIU coordinator. When I met with Teresa, she told me of the College's ills: reports of workers



that were raped during late night shifts and union negotiations that were surreptitiously pushed to the summer and moved to private locations to evade whistle-blowing students. Phrases like "you didn't hear it from me" or "they're in bed with the mob" were hurled at me. She fed me more and more, watching me furiously scribble her every word on my reporter's pad as I imagined clearing the top shelf of my dorm room bureau for a Pulitzer (the first of many!).

She also told me about an SEIU organizer, Sean Collins, who was escorted off of campus by Campus Safety. According to Teresa, Campus Safety then conspired with the Saratoga Springs Police Department to dispatch a warrant for his arrest - driving him out of town.

My bubble began to burst and a desk at the investigative reporting unit at the *New York Times* seemed further and further away - many of these allegations were incredulous or even unverifiable. So I tried to confirm the story of Sean Collins. When I spoke to him, he rebuked the College's treatment of labor, but admitted that the story was not true. Later, I learned that negotiations are held every summer and the location, by law, is undisclosed to ensure the integrity of the negotiations.

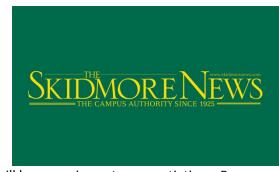
Then it appeared that the SLSA became disenchanted with its role as SEIU's mouthpiece, too. After all, the goal was to support workers, unconditionally.

But on Oct. 28 there was an ideological shift: the SLSA would now endorse SEIU (the response from the student body was a resounding, collective yawn). Days later they posted a video of SLSA students entering closed negotiations - negotiations overseen by a federal judge - to proudly hand Barbara Beck, the College's head of Human Resources, a 500-signature petition regarding worker's healthcare - as pointless a gesture as it was illegal.

After watching the whole thing go down on video, I began to have Cynthia Carroll flashbacks.

Last year 40 students stormed a faculty meeting to express their disgust that Cynthia Carroll, a distinguished alum, vanguard female leader in the mining industry - a field known for its poor workplace conditions -would be the commencement speaker for the Class of 2013. Last year 40 students stormed a faculty meeting-in-protest-of-commencement-speaker-1.3030097#.Un0shpSgkZ0" target="_blank">Last year 40 students stormed a faculty meeting-in-protest-of-commencement-speaker-1.3030097#.Un0shpSgkZ0" target="_blank">Last year 40 students stormed a faculty meeting a field known for its poor workplace conditions -would be the

href="https://www.youtube.com/watch?v=P_sChG4_v_4" target="_blank">After one student's staggering diatribe, President Glotzbach calmly asked, "So, what do you want?" There was a silence in the auditorium. The group of students had no answer.



It's unlikely that Barbara Beck read the petition or that it will have any impact on negotiations. Because, frankly, it doesn't matter what the SLSA say or does. The tight seams of a movement, which, in its nascent stages, embraced solidarity and supported workers' rights as sacrosanct, have slowly unraveled, revealing a group of students who have no idea what they're doing.

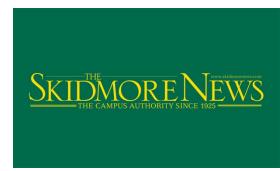
Last week the Student Government Association Executive Committee released a tepid statement admonishing the SLSA's actions (probably to appease the President's office). In turn, the SLSA retorted with a calm, but seemingly aggravated statement I sense the aggravation comes from the SLSA's lack of real student support and their inability to navigate through a complex issue, in which their voice is not inherently critical.

I admire their empathic sensibilities, I really do. But like the Cynthia Carroll protesters - which resulted in only a defensive commencement speech, in turn interrupted by the erect bodies of silent protesters, who were yelled at by hockey bros screaming, "Sit down Jack-ass! You're ruining my big day!" - the SLSA gave in to false ideology.

On this campus, it seems many students are conflicted. On the one hand, students unconditionally support liberal ideals and embrace the progressive spirit, but on the other hand, many of them suffer from the guilt of privilege. Like the Cynthia Carroll charade, an angry squad, blinded by their ideals, was enamored with the idea of hastily fighting an establishment symbol. In the end, they began to lose sight of the real cause, taking the opportunity as performance; being seen as expressing moral outrage became more important than their noble instincts.

The exciting narrative of a College administration plagued by corruption and greed, which reinforced systems of oppression, became as compelling as it was casuistic. And eschewed from the SLSA's message was the best way for students to support workers: by carrying out the mundane and less ideologically sexy tasks - practicing cordiality at Spa or putting your silverware in the silverware chute at the dining hall (and not getting so drunk that you puke all over a Case couch - someone has to clean it).

Sadly, a hopeful, responsible movement again devolved into a theater production in self-righteousness. SEIU placated wide-eyed students to maintain their hegemonic grasp over workers, appropriating the voice of buoyant students to try to beat out de-unionization and other union competition that would have cost SEIU its cash stake in union dues. And though the SLSA members became conscious of employee's struggles, their ideology became their opiate, allowing them to believe that their hard work



would result in revolutionary change at Skidmore, when really they were always doomed to play deeper into the hand of the elusive, amorphous face of capitalism.

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SLSA Students Organizaing

Alex Hodor-Lee/The Skidmore News





'12 Years a Slave' is a disturbing but powerful portrayal of slavery in America

By Sean van der Heijden On Fri, Nov 8, 2013

Directed by Steve McQueen and starring Chiwetel Ejiofor, Michael Fassbender, Benedict Cumberbatch, newcomer Lupita Nyong'o and a ton of other stars, '12 Years a Slave' is based on the memoir of Solomon Northup, a freeman who was living in Saratoga Springs, NY before being tricked, drugged and sold into slavery in the south.

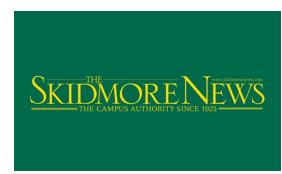
McQueen is an auteur known for his honest and brutal direction, and he keeps filming when others would shut the camera off or look away. While making the picture that much more difficult to sit through, his steadfastness greatly elevates the emotional impact of the film. It's a must-see, if only for educational purposes - just as 'Schindler's List' is used to teach about the Holocaust and 'Milk' about the struggle for gay rights.

There is a moment in '12 Years a Slave' when, as a form of punishment, Northup is hanged by his neck, the tips of his toes just able to reach the ground below him. The camera stays on him for a few minutes. It is silent, and all you can do is listen to him struggling for breath.

This is one of the more disturbing moments in the film, but not the worst. Eventually, Northup is sold to Edwin Epps, a short-tempered and impulsive plantation owner portrayed by Michael Fassbender. He is by far the most villainous and terrifying character in the film, and Fassbender brilliantly captures his mood swings and tempestuous personality.

It is Chiwetel Ejiofor, however, who steals the show. He brings so much life to Northup, and completely disappears into his character. He is able to depict so many deep levels of emotion while also bringing dignity to a man who was unwilling to let anyone take away his will to "live" rather than just "survive." Additionally, Lupita Nyong'o, in her first big film role, is mesmerizing as Patsey, a hardworking and desperate woman and the object of her master Epps's attention. She is hated by Epps's wife - masterfully played by Sarah Paulson - and most of the more dramatic moments in the film revolve around her character's tragic story.

If I have one complaint, it's that 12 years do not seem to pass by at all, mainly because none of the characters substantially age. Also, Brad Pitt is thrown in for ten minutes to depict a kind-hearted



abolitionist, and while he does a good job, it just feels like Brad Pitt on a slave plantation, which is totally out of place.

Regardless, while the film may be harrowing and difficult to sit through, it is simply brilliant all the way through and by far the most honest depiction of slavery that I've ever seen.

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Disturbing, honest, brilliant.

www. first showing. net





Men's soccer shuts out RPI, heads to Liberty League championship

By Katie Peverada, Sports Editor On Fri, Nov 8, 2013

The men's soccer team is headed back to the Liberty League Championship after shutting out defending champion Rensselaer Polytechnic Institute 2-0 on Wednesday night. The Thoroughbreds now head to St. Lawrence on Saturday, a place they had success two weeks ago when they handed the nationally-ranked Saints their only home loss of the season, 1-0.

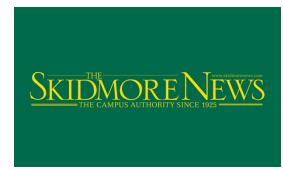
On Wednesday night, the Skidmore men's soccer team was playing in the program's first playoff game in six years, an accomplishment in its own right. Now, they're headed back to the Liberty League Championship after shutting out defending champion Rensselaer Polytechnic Institute 2-0.

An eighth minute goal from Adam Beek '15 would be the only goal Skidmore would need, but Brock Bakewell was able to ice the game in the 69th minute with a second goal. Skidmore put the pressure on RPI early, earning two corner kicks in the first eight minutes. The second kick would prove to be fruitful for the Thoroughbreds, as Beek was able to curl it untouched directly into the RPI goal.

With the score 1-0, Skidmore continued to pressure the RPI defense, registering six shots in the first half. Another corner kick in the the 20th minute almost made it 2-0 when another Beek kick found Jesse Evensky '16 on the back post, but RPI goalie Rob Dewald and the RPI defense were able to block the shot and clear the ball.

RPI came out firing in the second half, putting up 10 shots, but Eli Kisselbach '16 and the Skidmore defense were able to keep the ball out of the net. The Skidmore offense, though, was able to put up a second goal in the 69th minute when Bakewell headed a cross from Alex Hodor-Lee '14 past Dewald. Hodor-Lee carried the ball down the right wing and sent a ball into the box that found the head of Bakewell.

The Engineers would not go down easily over the final 20 minutes of the game, putting up four shots in three minutes. But the shots were unable to find the back of the net, as two missed the net, one was blocked, and Kisselbach took care of the fourth, to preserve his fifth shutout of the year. Kisselbach finished with five saves, and Dewald finished with four.



RPI outshot Skidmore 15 to 11 and had five corner kicks to Skidmore's four, but the Thoroughbreds were able to put a two where the Engineers weren't able to put anything.

The Thoroughbreds now head to St. Lawrence on Saturday, a place they had success two weeks ago when they handed the nationally-ranked Saints their only home loss of the season, 1-0.

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Brock Bakewell '15 scored an insurance header in the second half to make it 2-0.

Bob Ewell





Social Justice Month list of events

On Mon, Nov 11, 2013

This November is the 3rd annual **Social Justice Month** at Skidmore College. This movement is a month of many events related to various social justice issues. Social Justice Month's vision is to bring the campus together to engage students in social justice issues, and give a voice to voice-less groups. Although these injustices might feel far off, they are very connected to our lives and Social Justice Month wants to inform the campus of these injustices and equip students with how they can help. This year's main themes are related to the education system, human rights, and hunger & homelessness. Types of events include workshops, speakers, documentaries, a poster campaign, a display on Case Green, an exhibition, and more, and over 50 organizations on campus are co-sponsoring Social Justice Month. Following is the detailed schedule of Social Justice Month.

November 2, Saturday

Kickoff: Social Justice Month Showcase

Social Justice Month is having a kickoff event to officially start the month-long movement. There will be Bandersnatchers, Breakbeats, and Lift Every Voice Gospel Choir performing with presentations of the three main themes that Social Justice Month is dealing with: Education, Human Rights, and Hunger & Homelessness. There will also be free Plum Dandy Cookies and Esperanto's Pizza and Doughboys/Doughgirls.

November 4, Monday

Human Trafficking: Film Screening of "Dreams Die Hard"

7pm Emerson Auditorium

"Dreams Die Hard" is a documentary by Free the Slaves, a NGO fighting to end human trafficking. The documentary discusses the hidden slavery in the United States by featuring victims and how they got trapped into human trafficking. A dialogue will follow the screening.

November 5, Tuesday

Labor Movement: Why Unions? Reflections on the Purpose and State of Organized Labor 7pm Emerson Auditorium

Erin Johansson, Director of Research at American Rights at Work and 1998 Skidmore alumna, will be giving a lecture about the state of the labor movement and her work within it. Erin is a member of the Labor and Employment Relations Association and serves as a Co-Chair of the Labor Studies Committee.



November 6, Wednesday

Education: Film Screening of "Race to Nowhere"

8pm Davis Auditorium

"Race to Nowhere" is a documentary that discusses concerns with standardized testing and how it affects students in elementary school. The film features students across the country who have been pushed to overwork and lack of engagement due to the current testing system in the U.S. A dialogue will follow the screening.

November 11-17

North Korean Political Prison Camp: Exhibition of "Where Love Does Not Exist" Dining Hall Atrium and Intercultural Center

The North Korean Political Prison Camp is a huge place of exile housing approximately 150,000 political prisoners considered a threat to the regime. The exhibition documents the extreme violations of human rights in the political prison camps through drawings by former prisoners who escaped from the camps.

November 14, Thursday

North Korean Human Rights: Escape From Camp 14: The Story of Shin Donghyuk, a North Korean Defector

7pm Gannett Auditorium

Shin Donghyuk, a human rights activist, is the only known North Korean defector who was born in a political prison camp. He will be sharing his life in the political prison camp and his escape from North Korea. Addition to his personal accounts, he will discuss human rights violations in North Korea. After escaping from North Korea, Shin Donghyuk testified in the United Nations and spoke in various organizations and college campuses. *Escape from Camp 14: One Man's Remarkable Odyssey from North Korea to Freedom in the West*, a biography of Shin's life, was published in 2012.

November 19, Tuesday

Homelessness: Film Screening of "Homelessness in Paradise"

8pm Davis Auditorium

Filmed over two years beginning in December 2002, "Homeless in Paradise" focuses on a small group of people living on the streets of Santa Monica. The documentary explains how the homeless got there and the issues faced by a city that both cares for them and wishes they would go away. A discussion will follow the screening.



November 20, Wednesday Hunger: Flags for Hunger 11am-5pm Case Green

FeelGood is a national youth movement committed to end world hunger by selling grilled cheese sandwiches. FeelGood deli will be selling grilled cheese and a customer will be invited to pick up a flag representing a statistic of world hunger from Case Green. When the sandwich is ready the customer will be handed a new flag representing a change that is happening to erase global hunger.

November 20, Wednesday

Education: Resisting the Ambush of Public Education

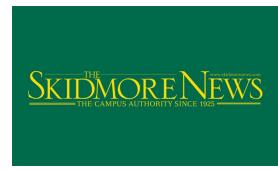
7pm Dining Hall 2nd Floor

To address the destructive effects of current, corporate-driven educational policies, Nancy Schniedewind co-edited *Educational Courage: Resisting the Ambush of Public Education*. The book is a compilation of first hand narratives of resistance to these policies by students, parents, and educators who have fought to uphold democratic public education. Book contributor, Felipa Gaudet, a public school teacher in Kingston, NY, and Nancy, professor in the Masters Program in Humanitic/Multicultural Education at SUNY New Paltz, will join us to lead an interactive workshop. Both experts on the current state of the school system, as well as veteran teachers who have seen the effects of these policies from the inside, these women have valuable insights to share including ways to actively fight for change.

November 21, Thursday Hunger: Hunger Banquet 7pm Tang Museum

Hunger Banquet is an interactive event that allows participants to experience how our decisions affect others in the world. The banquet will help participants visualize and understand the current global hunger problem. After the banquet, participants will have an opportunity to view the "Classless Society" exhibition in the Tang Museum.

Co-sponsored by Active Minds, American Red Cross, American Studies Department, Art Department, Art History Department, Asian Cultural Awareness, Benef-action, Biology Department, Chemistry Club, Christian Fellowship, Classics Department, Economics Department, Education Studies Department, English Department, FeelGood, Feminist Action Network, Fight Club, Government Department, Hayat, Health and Exercise Science Department, Hillel, Intercultural Studies, Intergroup Relations, International Affairs Program, International Student Union, Late Night, Latin American Studies Program, Management and Business Department, NihonGo!, Office of Communications, Office of Community Service, Office of Religious and Spiritual Life, Office of Student Diversity Programs, Opportunity Program, Photography

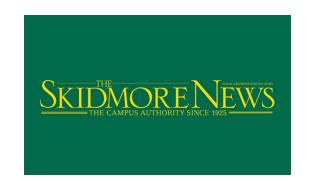


Club, Physics Department, Pre-Law, Raices, Skidmore Democrats, Skidmore, Education Taking Action, Skidmore Labor Alliance, Skidmore News, Social Work Department, Speaker's Bureau, Students United for Public Education, Sustainable Skidmore, Tang Teaching Museum, Theater Department, Ujima, Voices for Planned Parenthood, WSPN

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Social Justice Month exposes students to social injustices and teaches them how they can promote change.

Skidmore College



4 Mon

Screening "Dreams Die Hard"

Documentary on human trafficking and slavery 7:30PM | Emerson

Labor Movement: Why Unions?

Reflections on the state of organized labor 7PM | Emerson

6 Wed

Screening "Race to Nowhere"

Documentary about the concerns with standardized testing in the US education system 7PM | Davis

11 Mon

Health and Human Rights with Dr. Alaei High cost for service; case study of HIV/AIDS in

Iran 7PM | Gannett

Where Love Does Not Exist: Exhibition

North Korean political prison camp visual exhibit Nov 11th-17th | Dhall Atrium and ICC

14 Thur

Escape from Camp 14

Story of Shin Donghyuk, a North Korean Defector 7PM | Gannett

19 Tues

Screening "Homelessness in Paradise"

Documentary on homeless population in Santa Monica 8PM | Davis

20 Wed

Flags for Hunger

FeelGood hunger education event & open grill 11AM-5PM | Case Green

Resisting the Ambush of Public Education

Nancy Schneidewind and Felipa Gaudet on upholding democratic education 7PM | Dhall 2nd floor

21 Thurs

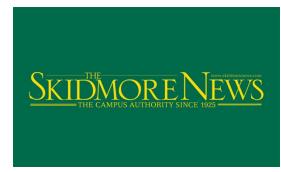
Hunger Banquet

Interactive event on current global hunger problem 7PM | Tang Museum



Program, ISU, Late Night, Latin American Studies, Management and Business Dept., NihonGol, Office of Communications, Office of Community Service, Office of Student Diversity programs, Office of Religious and Spiritual Life, Opportunity Program, Photography Club, Physics Dept., Pre-Law, Raices, Skidmore Democrats, SETA, Skidmore Labor Alliance, Skidmore News, Social Work Dept., Speaker's Bureau, Students United for Public Education, Sustainable Skidmore, Tang Teaching Museum, Theater Dept., Ujima, VOX, WSPN

skidmoresim@gmail.com



Hockey topples Nor'easters, tricycle race proves exciting

By Rebecca Shesser, Contributing Writer On Tue, Nov 12, 2013

Skidmore Men's Hockey opened league play against the University of New England on Friday night with a 5-2 win in front of a large home crowd at the annual Pack the Rink event. The Thoroughbreds outshot the Nor'easters 29-25. Highlights included senior forward Vlad Gavrik leading the Thoroughbred offense with three goals and notching his first career hat trick and freshman goalie Jack McDonald stopping 23 shots on net.

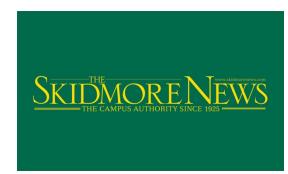
UNE started the scoring with a rebound goal in the first period. Junior forward Dave Limoges responded shortly thereafter with assists by Nick Mannarino '15 and Aaron Beck '14. The Thoroughbreds dominated second period play, scoring twice in the first two and a half minutes, with Gavrik and Beck registering the go-ahead goals. UNE's Zeth Zielinski scored for the Nor'easters bringing his team back to within one goal, but Gavrik quickly regained the 2-goal lead with a beautiful breakaway goal beating the glove of UNE goalie, Colby Drost.

Gavrik capped off the night's scoring with a second breakaway goal, beating Drost for the third time when his backhander found its way into the back of the net. The Throughbred's five goals were assisted by Ondrej Krajnak '16, Thomas Park '15, Anders Gunderson '15 and Tony Giacin '14. The Thoroughbreds improved to 2-0 for the season with the victory.

The night's festivities were co-sponsored by the Skidmore Crew team, whose members managed the highly successful canned food drive. The Skidmore Women's Lacrosse team also sponsored a successful 50/50 raffle to fundraise for their upcoming season. Arguably the most exciting portion of the night came during the first intermission with the always-competitive tricycle ice race. Four teams took to the ice but only one came out as champion. Sophomores Cassie Fishkin, Lila Rosenfeld and Emma Harris took home the \$50 Peabody's gift card as well as invaluable amounts of pride with their victory.

"I was just so nervous," winner Cassie Fishkin said through tears of joy during the post-event interview, "but all my hard work really paid off and I'm just overwhelmed by how well I carried this team on my back."

Fellow winner Lila Rosenfeld also commented, "I donated my hair a couple weeks ago and I think getting rid of that extra weight is what really lifted this team to victory." Fishkin and Rosenfeld, Skidmore Softball team members, were later heard plotting ways to keep their third teammate, Women's Lacrosse team member Emma Harris '16, from sharing in their Peabody's bounty.



All in all, it proved to be a most successful night for the Skidmore Thoroughbreds.

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Vlad Gavrik '14 earned his first career hat trick in the 5-2 win.

Bob Ewell

#1.3117313:3251246733.PNG:tricycle race

Cassie Fishkin '16 heads down the backstretch in the tricycle race.

Cassie Fishkin '16





The evolution of Skidmore's athletic facilities

By Katie Peverada, Sports Editor On Tue, Nov 12, 2013

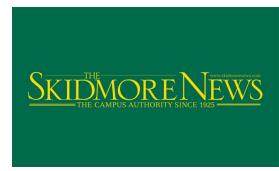
Skidmore College has been around for about 100 years, over which the athletic facilities have undergone serious renovations. Still today, though, students have a tendency to criticize the condition and shape of the athletic facilities that the college has. All students take advantage of the aerobics room, weight room and intramural gym, while the basketball and volleyball teams compete in the main gymnasium and the swim teams use the six-lane pool for their meets. The tennis teams play on nine outdoor courts while soccer and lacrosse play on Wachenheim Field. Field hockey does its playing at Wagner Park, as does the softball team. All of these fields are on campus, but baseball and ice hockey play off campus, at Ingram Park and the Saratoga Springs Ice Rink, respectively. Additionally, the riding team goes off campus to the Van Lennep Riding Center.

But even though some teams have to go off campus and the winter months prove to be difficult as several teams try to schedule time at the gym for practice, all of Skidmore's teams and students are pretty lucky to have these facilities: there was a time when such things were an afterthought of the school.

Technically, the college's first gymnasium was the Young Women Industrial Club's clubhouse on Regent Street, which had a gymnasium and bowling alley. In 1904, physical education wasn't a major part of the curriculum or student life.

Skidmore's first athletic field is no more, as the school purchased it before moving to its present day location. In the spring of 1916, ten anonymous Saratoga Springs citizens donated \$18,000 to the board of trustees for the purchase of an athletic field on Regent Street. The field, which students used for informal athletics, ensured that Skidmore owned the whole block (Union Avenue, Circular, Spring and Regent Streets).

Later that year, then-President Charles Keyes started the push for a gymnasium for the school, but not for the reasons one would think. It turns out that in order for Skidmore to meet the requirements of the state to confer baccalaureate degrees, they had to build a gymnasium (in addition to buildings like a library and a classroom building). Skidmore became an accredited college in 1922, but more importantly, by 1925, the new gymnasium and Cochran Pool were under construction.



Today's swimmers might be interested to know that back in the 1910s, students swam at the Saratoga Reservation pool on Phila Street for a small fee of 20 cents (about \$4.64 in 2013 dollars).

Skidmore's riders didn't move to the Van Lennep Riding Center until 1970. In 1949, Skidmore acquired a part of the famed Yaddo artists' retreat property, and promptly built a riding stable in addition to several athletic fields. The property became known as Fifty Acres and served as the recreation center for about 10 years. In 1959, the chair of physical education, Margaret Paulding, pushed the trustees to build a bigger gymnasium space and a larger swimming pool.

By the early 1960s, the budding college was breaking ground on a new campus located on the Woodlawn estate (where the college is located today). When Skidmore became co-ed in 1971, it struggled to attract male applicants due to the lack of sports facilities on campus. The gymnasium on Regent Street was deficient. Its basketball hoops were the women-regulated nine feet off the ground, much to the chagrin of the male students. Thus, in 1976 a temporary gymnasium was built and the push for a more vibrant athletic program began. This temporary gym, though, was not much better than the facility on Regent Street. It had an asphalt floor, making volleyball and basketball dangerous activities.

In 1982, a new sports center finally opened on campus. By 1994 it had to be expanded again, which resulted in the artificial-turf field, lighting, electronic scoreboard and press box that are there today. Training rooms, weight rooms and an aerobic room were also added in the 1994 expansion. In October of 2010, the facility was named the Williamson Sports Center in honor of trustee and longtime benefactor Susan Kettering Williamson '59.

Today, there are a lot of complaints about the shape of Skidmore's athletic facilities. But if Skidmore students and athletes look at the whole picture, they can't help but be grateful. The basketball teams have three courts, the softball team has a turf field and swimming has a six-lane pool -- all marked improvements over the facilities from the 1920s to the 1970s

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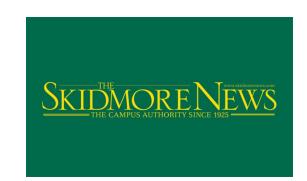
Studens test out the Cochran Pool.

Skidmore College

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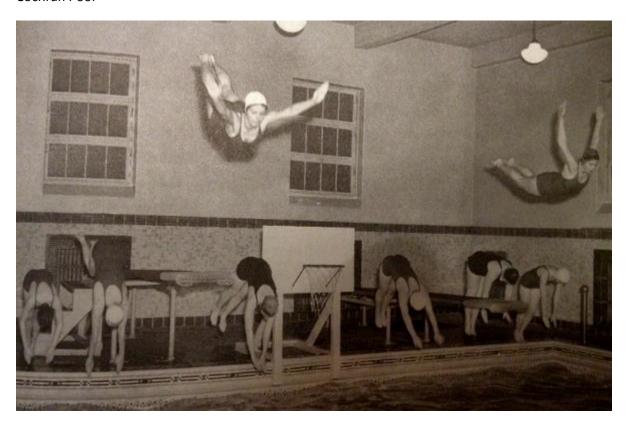
Professor Beverly Becker (r) and then-President Joe Palamountain cut a volleyball net in 1982 to officially open what is now Williamson Sports Center.

Gail Osgood

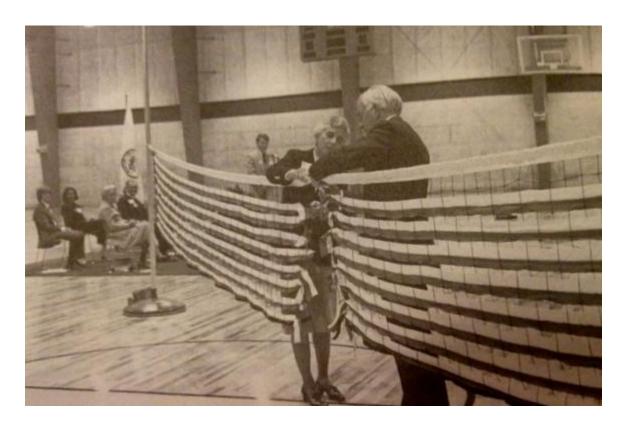


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Cochran Pool













Campus Safety Report: Nov. 1 to 7

On Wed, Nov 13, 2013

Incidents of Note:

- **Friday, Nov. 1**-Complaint: Several counterfeit \$1 bills reported at 2:53 p.m. found in the vending machines in McClellan Hall and around campus. Report filed.
- **Wednesday, Nov. 6**-Property Damage Auto Accident: A hit and run reported at 5:59 p.m. in West Lot. Dispatched officer and advised the Saratoga Springs Police Department. Report made.
- **Wednesday, Nov. 6**-Sex Offense: Report received at 10:34 a.m. that an email had been sent to a faculty member which stated that a student was sexually assaulted by another student in the spring of 2013 at the College. No further information received at this time.

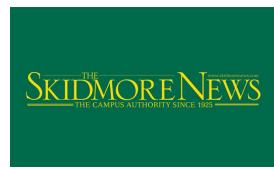
Further Incidents:

Friday, Nov. 1:

- Intoxicated Subject: An intoxicated female reported at 12:55 a.m. in Wilmarth Hall. Officers reported that the female was conscious and alert.
- Depressed Person: Reporting person called at 7:32 p.m. from 5 Dayton Drive to reported that her boyfriend was depressed and that she needed assistance in locating him. Officers dispatched and he was located.
- Campus Safety Assist: Transport requested at 10:23 p.m. from the Surrey Inn to pick up medication at the pharmacy. Assistance provided.
- College Violation: A noise complaint reported at 11:06 p.m. from a registered party at Hillside Apartment B. Officers requested that the music be turned down and students complied.
- Suspicious Odor: A natural gas odor reported in the Wiecking Hall basement. Officer and maintenance reported finding no problem.

Saturday, Nov. 2:

- College Violation: Excessive noise reported at 12:20 a.m. from an apartment at 7 Dayton Drive. Residents complied with the request to quiet down.
- Fire Alarm: Fire alarm activation received at 6:39 p.m. at the Tang Teaching Museum. Unknown source.



- College Violation: A noise complaint reported at 11:26 p.m. on the first floor of Wilmarth Hall.
 Call unfounded.
- Intoxicated Subject: Officer requested the Skidmore College Emergency Medical Service at 11:48 p.m. for an intoxicated female in Field House. The Saratoga Springs Fire Department Ambulance transported the subject to the Saratoga Hospital.

Sunday, Nov. 3:

- Intoxicated Subject: An ambulance requested at 12:35 a.m. for an intoxicated female at the Field House. The Skidmore College Emergency Medical Service on the scene as well.
- Campus Safety Assistance: Received a 911 call at 1:15 a.m. from Wait Hall. Officers checked and found no problems.
- Criminal Mischief: Damage reported at 12:03 p.m. to the "Capitalism" sign in front of the Tang Teaching Museum. Photographs taken and report issued.
- Criminal Mischief: The grass reported disturbed at 10:30 a.m. in front of the Surrey Inn. Area photographed and report filed.
- Larceny: A missing lawn chair reported at 2:08 p.m. from 14 Whitman Way. Report taken.
- Fire Alarm: Fire alarm activation received at 5:43 p.m. for Sussman F Apartments. Alarm due to cooking.
- Campus Safety Assistance: Assistance requested at 6:53 p.m. in following up with a student in Jonsson Tower. Officer assisted.

Monday, Nov. 4:

- Criminal Mischief: Report received at 11:18 a.m. that the wooden fence behind the Williamson Sports Center had been damaged by unknown persons. Officer issued a report.
- Fire Alarm: Fire Alarm activation received at 12:49 p.m. for the Sussman F Apartments. Officers, maintenance and the Saratoga Springs Fire Department dispatched. Source found to be from a cooking error.
- Larceny: Report received at 11:50 a.m. that the post office handcart was removed by unknown persons from the cargo area of the post office delivery truck. Report issued.
- Harassment: Report received at 11 a.m. that two unwanted phone messages were left over the
 weekend at Palamountain Hall from unknown persons. There were no overt threats, just an
 annoyance. Report issued.



Tuesday, Nov. 5:

- College Violation: A noise complaint received at 12:13 a.m. for the third floor of Penfield Hall.

 Officer dispatched and reported that the group complied with the request to lower the volume.
- College Violation: A noise complaint reported at 12:21 a.m. in Jonsson Tower. Officer reported music coming from a vacant room. Officer keyed in and lowered the volume. Room secured.
- Campus Safety Assist: Reporting person called at 4:15 p.m. to report an incident on Case Roadway involving the CDTA bus and a contractor. Officer issued a report.

Wednesday, Nov. 6:

- Medical Assistance: Report received at 5:03 a.m. of an ill student who requested assistance.
 Officer and the Skidmore College Emergency Medical Service dispatched. Subject transported to the Emergency Room.
- Medical Assistance: A female observed at 7:30 a.m. sitting on the floor and leaning against the wall in Jonsson Tower. Subject appeared to be in medical distress. Dispatched officers and toned out the Skidmore College Medical Service.
- Emotionally Disturbed Person: Report received at 11:15 a.m. that a subject received an email from a student last night who appeared to be in distress. The reporting person just wanted Campus Safety to be aware of the incident. She had spoken to the student that morning and did not believe there was any cause for alarm.
- Medical Assistance: An officer requested at 12:47 p.m. as a student had just passed out in a classroom in the Tisch Learning Center. Dispatched officers who reported that the student was conscious and alert upon arrival. Student requested to be escorted to Health Services and declined Emergency Medical Service.
- Fire Alarm: Fire alarm sounded at 2:22 p.m. at the Sussman F Apartments. Dispatched all officers, maintenance and contacted the Saratoga Springs Fire Department. Officers reported that the alarm was due to cooking. Advised the Saratoga Springs Fire Department.
- Fire Alarm: Fire alarm sounded at 2:32 p.m. at the Sussman J Apartments. Dispatched all officers, maintenance and advised the Saratoga Springs Fire Department. Officers reported that the alarm was caused by cooking. Advised the Saratoga Springs Fire Department. Alarm reset.
- Suspicious Activity: A suspicious male reported at 9:32 p.m. behind 10 Whitman Way.
 Dispatched officers reported locating the subject and transporting him off campus after ascertaining his identity. Report made.
- Fire Alarm: Fire alarm activation received at 11:19 p.m. at Penfield Hall. Dispatched officer, maintenance and advised the Saratoga Springs Fire Department. Officers reported that a sprinkler was going off and flooding the floor rooms. Investigation occurred. Report made.



Thursday, Nov. 7:

- Fire Alarm: Fire alarm sounded at 1:12 a.m. in the Murray-Aikins Dining Hall. All officers, maintenance and the Saratoga Springs Fire Department dispatched.
- College Violation: Subject reported at 2:40 a.m. hearing yelling and banging outside her room in Kimball Hall. Officer dispatched.
- Fire Alarm: Fire alarm reported at 6:59 a.m. in Case Center. Dispatched officers, maintenance and notified the Saratoga Springs Fire Department. Accidental trigger. Advised the Saratoga Springs Fire Department. Alarm reset.
- Medical Assistance: Reporting person called at 11:10 a.m. stated that he was with another male in Bolton Hall who had a head injury from falling on the stairs. Dispatched officers, who transported the male for further medical treatment.
- Medical Assistance: Reporting person stated at 9:05 p.m. that a male had injured his ankle while playing basketball in the Williamson Sports Center. Dispatched officers and the Skidmore College Emergency Medical Service.

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Dylan Lustrin/The Skidmore News







NBA Talk: Initial thoughts on the season

By Andrew Shi, Editor-in-Chief On Thu, Nov 14, 2013

The NBA season is underway and teams are approaching the 10-game mark. As always, there are questions about the performance of teams and players already.

Good Teams Doing Poorly:

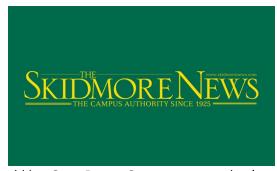
The Nets were supposed to be riding their all-star lineup to a top-three slot in the Eastern Conference, but they're currently languishing at 14th. The Wizards, who were expected to be a potential eight seed or a fringe playoff team reside in the position below. Detroit, who had a blockbuster offseason acquiring Josh Smith and Brandon Jennings, the Knicks and Cleveland are all on the outside of the playoffs too. On the other side of the country, Memphis is the equivalent of the Net's and the Nuggets have exceeded expectations of how bad they would be after a demoralizing and much criticized offseason. However, despite these disappointments, it's way, way too early to hit the panic button, at least for several of these teams. The Nets, Wizards, Pistons and Cavaliers will need time to develop chemistry with players injured last season or recently added. Memphis too, need not worry yet. The Knicks just lost Tyson Chandler, the cornerstone of their defense and as far as playoffs go they're still favored.

Bad Teams doing well

On the flipside, several teams are exceeding expectations including the Suns, Celtics and the 76ers. Eric Bledsoe and the crew of young bloods are proving themselves tenacious despite the front office's every effort to tank the season. The Celtics, too, are showing that even without Rondo they're capable of competing, although their offense is still one of the worst in the NBA, and that will quickly catch up with them especially now that they don't have the marquee defense they could brag about last season. The 76ers and the rise of Michael Carter-Williams has been one of the more exciting stories so far, but while Carter-Williams may very well be NBA rookie of the year, the 76ers can be still be expected to end the year in a bottom four seed. All of these team's victories can be largely attributed not so much to their phenomenal basketball, but rather to the deficiencies of the teams they played, something that will soon be shed as the season progresses and the rust wears off.

The Pacers can win it all

The Pacers haven't lost yet and Danny Granger still hasn't returned. Their defense is top in the NBA and their offense has improved from last year, thanks to a beefed up bench. While still not the favorite to



win it all, analysts should countenance that maybe they should be. Once Danny Granger returns they're going to have an even deadlier bench. Or, even, a healthy and prolific Granger could fetch much on the market.

The Rockets:

Dwight Howard and James Harden are the deadly duo they were expected to be. Howard and Omar Asik are not, though. By the trade deadline in February Asik will be gone, and the Rockets will be better for that alone (although Asik off the bench would give the Rockets the best backup center in the league, bar a healthy Bynum, which probably won't happen). Asik will be coveted by many teams and will give the Rockets the power forward they need. Once that is achieved, the Rockets will be the top four team that they should be. Not to mention, Jeremy Lin is finally playing at the level he was originally paid for, and the bench is putting up solid stats as well.

Monta Ellis and the Mavericks.

Perhaps a new scene was what Ellis needed, as his game has drastically improved since his move to Dallas. His shot selection has become more thoughtful and his stats are showing the results. He's shooting less but making more of his shots and is almost at 50 percent for FG%. His 3FG% still has much to be desired but is up five points from last year. It wasn't originally clear how to judge the Maverick's offseason, but they're hanging steady at eighth in the conference. With Dirk Nowitzki playing the full season the Mavericks may very well return to the playoffs, although likely at a low seed and far from contender level.

Other story lines to watch out for as the season progresses:

What will new Raptors GM Masai Ujiri decide to do with his team? He's known for big moves and some are expected from him as his team is good but not nearly good enough to compete as a contender.

Along similar lines, the question around Danny Ainge is whether he will keep the Celtics as is or deal players as soon as the opportunity arises. I'd put my money on the latter.

And are the San Antonio Spurs still a top team in the West? The Heat may be able to beat them but they clearly won't lose to age.



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Your 2014 NBA champions?

thesportsquotient.com





Conversationalist Column: Betty

By Eleanor Rochman On Thu, Nov 14, 2013

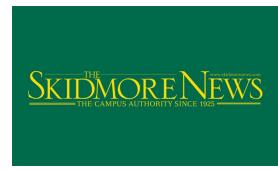
There is something gorgeously comforting about being in the presence of a fellow human who emanates simple sagacity. It is a rare quality to find in academia; a world unstably grounded on pretension and founded by shrewdly analytical fathers. We read Rousseau, study Socrates, and pick apart Plato only to be faced with the same questions that are an innate part of every human's condition regardless of the specificities of one's individual experience. We are all forced to question our identity and what it means to "be ourselves" in this world. And some, I believe, are gifted with an uncomplicated wisdom, which allows them to more easily identify with their individual essence without pretense or desire to brand themselves.

Betty taught me this. Betty is the cleaning lady of North quad's very own McClellen, she has been cleaning at Skidmore for over 25 years and conducts herself with an elegant simplicity of which took time and deliberation to cultivate. I think she knows herself. I think she knows herself so well that little bothers her. I think that little bothers her because, well, she has to clean up after us.

She is a people person, and so (don't worry you guys), she likes us. However, as Betty even describes, the student-staff relationship can be a bit uncomfortable at first if one does not realize that it is based on reciprocity. If we maintain a certain level of individual cleanliness then Betty will be able to more easily clean the facilities. However, this concept does not only apply to the immediate scenario; our relationship to humanity also needs to be one that works through a means of cooperation. In the words of Betty, "we work off of each other."

When Betty first started working at Skidmore this relationship was still uncomfortable, this reciprocity had not been realized to its fullest potential by either side. There was a separation between the students and maintenance staff resulting from an associative ambiguity; neither party knew what kind of interaction was appropriate. And I would go as far as to say that this dilemma exists on all levels of interaction.

Over the years Betty has observed this disconnection to stem from a lack of confidence and trust. She says all you have to do is "be yourself" and the more comfortable you feel around someone, the more comfortable they will feel around you. A simple "hi" will most always receive an equal and opposite reaction, so say hi to the world and more than likely, the world will say hi back.



But then I asked Betty, if it is hard to "be yourself" as it is questionable whether or not we can even know exactly who we are? And she said, well yes, it's a "wishy-washy" concept - "it" meaning identity. In fact, it's as wishy washy and complex as the chemicals with which she uses to clean; they are toxic but necessary and similarly, the contemplation of identity is precarious but inherently human.

It was refreshing to be able to have a conversation with a member of our community that is not sucked into the vacuum of academia. Betty understands and remembers what it's like to be young like us. She knows how much of a bubble the Skidmore campus can become - how isolated its functioning is from the grand scheme of general society.

Her answers to my questions were so simple, yet so honest. Betty made me realize that I did not need to read any chapter from one of the "great books" in order to understand that it takes time to feel comfortable with your place amongst humanity. Her wise and pleasant gaze made me realize how far I am from becoming a simple sage and I hope to one day know myself as easily as she seems to identify herself.

Unfortunately, Betty will be leaving us next semester for retirement. She says she can't wait to find a way to get out of the cold, sleep in, garden, and have time to take care of her pets (of which one is a parakeet). Also, she is very much looking forward to the warm summer days when she can kick back, put up her feet and say "here I am, and I'm simply sagacious."

#1.3119683:3889836017.jpg:Conversation







Mouzon House Restaurant Review

By Tegan O'Neill, On Thu, Nov 14, 2013

Creak went the floorboards as we snaked our way to our table at the Mouzon House on a recent Thursday evening. Musicians in the room over were just beginning to make noise. While they meddled with their instruments, we spoke in whispers. It was too quiet. Hearing about the specials felt a little like playing pretend with no one else in the ghostly dining room yet. The waitress, (there was only one) deftly played her assigned role in this seemingly make-believe meal. Our food arrived in portions that, at first glance, seemed better suited for dolls in a doll house. Alas, sometimes our eyes are hungrier than our bellies. Thankfully, the chef had sense enough to know this. Each of the dishes proved to be richer than anticipated. Enough was enough by the last biteful, even of the most delightful foods. Reinforcing that too much of a good thing can be bad.

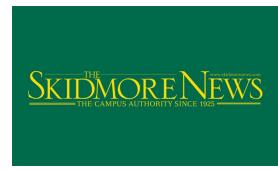
The beef short ribs over pumpkin risotto were especially delightful. The meat, slightly aromatic, and delightfully fatty. The pumpkin risotto, sweet like a dessert and homey like a crackling fire. A few leaves of kale maintained their beautiful green vibrancy and strength of texture, but were rich in a way that greens rarely are. Fat and flavor have seeped into the kale's veins. Luxuriously rich kale no longer is an oxymoron.

I now know that when white beans and broccoli rabe are sauteed with roasted garlic, finished with white wine and romano cheese, a strikingly rich and complex dish is born. Butter, I am sure, helps. For such a humble combination of ingredients, the dish is an unexpected pleasure.

It is curiously deep. Elegance arises when nourishing ingredients are cloaked in robes of herbs and fat. Red hot pepper also lends a fantastic punch, making the story of bean meets green a success.

Although quite similar in flavor profile, the orecchiette with broccoli rabe does not have the same satisfying effect. Here, orecchiette pasta takes the place of beans. The dish does not have the same heartiness--perfect for a fall meal--that the other one so generously provides. By comparison, the tiny ears of pasta seem flimsy and nutritionally inferior.

The seasonal soup--butternut squash--also falls short. There are so many iterations of this soup during autumnal months that lackluster versions are easy to criticize. This one is thin and overly salty and does not muster the cozy, warm and fuzzy feelings that are to be expected. Cinnamon, coriander, allspice,



and cardamom are confusingly fused together. This combination tastes like India, which is odd because the Mouzon House could not be farther from the subcontinent.

Although dessert was not included in the Thursday night \$20 prix fixe menu that we had chosen from, we could not let the meal stop just yet. The bananas walk a dangerous line between sweet and cloyingly so, but it manages to stay in the clear. The way it drips and drools down the spoon justifies spending a little more. It does not matter that the cinnamon ice cream melts in the bat of the eye, it oozes right on into the syrupy coalescence. Surely, other options like the apple bread pudding and an ice cream sandwich with molasses cookies are just as good.

By the end of the meal, music and people had filled the room. The Mouzon House felt a little less like the skeleton of a restaurant. There is no doubt that this Saratoga standby sees robust crowds in the summertime months. In the meantime, it holds its breath.

Nevertheless, eating out at the Mouzon House is worthwhile. The food reflects the season, it is rich, complex, and elegant, and the service is more than competent: the Mouzon House stands for why we like going out to eat.

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Mouzon Restaurant







Gratitude: Paying it Forward

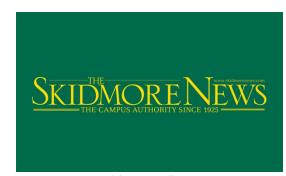
By Amber Charette On Thu, Nov 14, 2013

In the seventh grade, my school held an annual 'movie day' for my entire grade. I loved these days, for the obvious reasons of just simply enjoying watching movies and for getting out of a few periods of class. The movie chosen for this particular year is one that to this day inspires me. It was "Pay it forward", which was released in 2000 as a motion picture and was adapted from the novel written by Catherine Ryan Hyde in 1999. Now I won't unveil the entirety of the plot, but I can tell you the main synopsis and assure you that the power of the movie will not be ruined for anyone who has yet to see it but is interested. Though, I hope that everyone will go back and watch this film again regardless of whether it has already been watched. Anyway, moving on...

Essentially, the storyline is about a young boy who is given an assignment by one of his teachers. The assignment is vague and open-ended: to create a plan of action that will help to better the world in some form. Trevor, the main character of the film, takes this assignment to heart, and forms the idea of "paying it forward" after he meets and helps a homeless man. "Paying it forward" basically means what it implies - that when someone helps you out in some way, you do the same for someone else. In this way, a chain is created where people are performing good deeds, which are then passed down to others. Though the homeless man is the one to introduce Trevor to this concept, it is Trevor who puts his all into *really* trying to make this concept a part of everyday life for people. Thus, the rest of the film illustrates Trevor's valiant attempt at putting this "pay it forward" theory into action.

Now, at the time of watching this film, I have to be honest in saying that I didn't really understand its depth or how poignantly powerful it was. In fact, I pretty much didn't even pay much attention to it as I didn't really understand the plot very well at all. But after watching the film again a few years later (and after maturing a lot more intellect wise), Trevor's "pay it forward" theory really moved and resonated with me. And what made this even more touching to me was that Trevor's character was in the seventh grade - the same grade I was in when I first watched the film. What I am trying to get at here, is if a twelve-year-old can introduce such an innovative and selfless concept for people to follow, then imagine what we all can do as adults.

After watching the movie the second time, I decided to Google it just out of curiosity. What I found was that there is now a real-life "Pay it Forward" movement that exists to pass on the power of this concept. For those interested in learning more about this non-profit organization here is the link: http://www.payitforwardfoundation.org/.

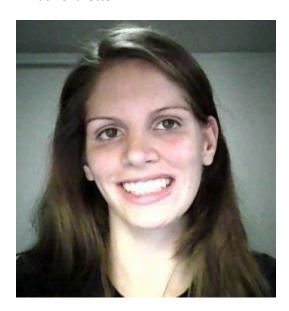


Finally, in case you didn't take notice, I titled this article "Gratitude: Paying if forward." But what I haven't done yet is explain how gratitude and this concept are connected. Well, if it's not blatant enough, I personally believe that one of the strongest ways of showing gratitude is to do something good for others in return. Hence the spiel I just made on "paying it forward." I am aware, however, that gratitude can be shown in other ways as well and that it can mean different things to people. Thus, I'd like to end by just throwing out some ideas as to how you all can show gratitude not only now but in everyday life. With that said, here's a few of the ideas I came up with: say thank you when someone does something for you, even if it's as simple as holding the door open for you, call your family every so often to tell them you love and miss them, show your professor's that you appreciate their time by really engaging in class, help a friend out who is struggling in a class that you aced, and take some time once in awhile to think about all the good things you have in your life that others who are less fortunate do not.

#1.3119845:2524413196.jpg:Charette

Amber Charette, one of our PHE contributors.

Amber Charette





Skidmore College hosts its first TEDxSkidmoreCollege event

By Elizabeth Hopkins '15, News Editor On Thu, Nov 14, 2013

Skidmore students Sarah Green '16 and Jake Mitchell '14 have been busy at work this semester organizing one of this semester's largest discussion panels: the first TEDxSkidmoreCollege event entitled "Crossing Borders: Why Creative Thought Matters." The event is scheduled at 7 p.m. on November 18 in Zankel Center's Ladd Concert Hall.

Skidgenuity and the Communications Department are sponsoring the event and Professor Catherine Hill advised Green and Mitchell in organizing it. Skidmore faculty members Heather Hurst, Professor of Anthropology, Flip Phillips, of the Psychology and Neuroscience Departments, and Music professor Anthony Holland will speak at the event.

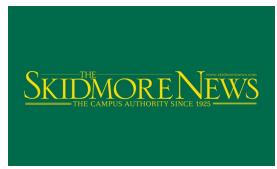
"The professors will be discussing how their unique career paths have driven them into their interdisciplinary research and findings, as well as their personal passion behind what they do and what they want others to take from it," says Green.

Professor Hurst will give a talk entitled "Painting with Mittens and Bananas: A Collaboration with Ancient Maya Artists," in which she will focus on her own work with Mayan archaeological artifacts. Professor Holland's talk "Shattering Cancer with Resonance Frequencies" will take a scientific turn, while Professor Phillips will add a more artistic element to the event with a discussion entitled "And I'm Still Not an Architect..." The professors were selected based on the interdisciplinary nature of their research, according to Green.

The event is free and open to the community, although the projected volume of attendance warranted the Zankel Box Office to offer tickets. The event is currently sold out, although there will be a few more tickets available on the night of the discussion.

About TED, x = independently organized event.

In the spirit of ideas worth spreading, TEDx is a program of local, self-organized events that bring people together to share a TED-like experience. At a TEDx event, TEDTalks video and live speakers combine to spark deep discussion and connection in a small group. These local, self-organized events are branded TEDx, where x = independently organized TED event. The TED Conference provides general guidance for



the TEDx program, but individual TEDx events are self-organized. (Subject to certain rules and regulations.)

About TED

TED is a nonprofit organization devoted to Ideas Worth Spreading. Started as a four-day conference in California almost 30 years ago, TED has grown to support those world-changing ideas with multiple initiatives. The two annual TED Conferences invite the world's leading thinkers and doers to speak for 18 minutes on a diverse mix of topics. Many of these talks are then made available, free, at TED.com. TED speakers have included Bill Gates, Jane Goodall, Elizabeth Gilbert, Sir Richard Branson, Nandan Nilekani, Philippe Starck, Ngozi Okonjo-Iweala, Isabel Allende and former UK Prime Minister Gordon Brown. The TED2014 Conference will take place in Vancouver, British Columbia, along with the TEDActive simulcast in neighboring Whistler. TEDGlobal 2014 will be held in Rio de Janeiro, Brazil.

TED's media initiatives include TED.com, where new TED Talks are posted daily; the Open Translation Project, which provides subtitles and interactive transcripts as well as translations from volunteers worldwide; the educational initiative TED-Ed; and TEDBooks, short e-books on powerful ideas. TED has established the annual TED Prize, where exceptional individuals with a wish to change the world get help translating their wishes into action; TEDx, which supports individuals or groups in hosting local, self-organized TED-style events around the world; and the TED Fellows program, helping world-changing innovators from around the globe to amplify the impact of their remarkable projects and activities.

Follow TED on Twitter at http://twitter.com/TEDTalks, or on Facebook at http://www.facebook.com/TED

For information about TED's upcoming conferences, visit http://www.ted.com/registration

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Jake Mitchell '14 and Sarah Green '16 organized Skidmore's first TEDxSkidmore College event.

Media Relations







Blurbs Overheard

By As heard by Eleanor Rochman, Contributing Writer On Thu, Nov 14, 2013

"They force him to wear shoes in here. It's really constricting his creative thought."

"I forgot to sleep last night."

"Honestly, when I die I want to be reincarnated as a tele-tubby."

"I'm in the mood for Chinese food. Let's go to Japan!"

"I kind of want this piece of pizza to never end."



What \$3 can buy you at The Mine night club

By Julia Martin, Pulp Editor On Thu, Nov 14, 2013

Cover charge at The Mine night club in downtown Saratoga is three hefty dollars. Does the price sound a little steep to you? Then you're wrong. Here's a list of all the bang (poor word choice?) you can get for your (3) buck(s) at The Mine:

- -A drink spilled on your person/shoes
- -A stranger's sweat rubbed onto your arm as they squeeze by you
- -A free hot dog that nobody knows where it came from
- -Your bathroom stall door opened abruptly by a townie
- -A handful of Chex Mix from a communal bowl

BONUS ADD-ONs:

-Pay \$1 to have your coat thrown on the ground

#1.3119333:46334703.jpg:mine

Here's your chance to speculate whether you just stepped in vomit or clam chowder

restaurant.com





Men's Soccer to Launch "Save The Bees" Campaign

By H.L. Shmencken, Contributing Writer On Fri, Nov 15, 2013

After falling to defeat at St. Lawrence University in the Liberty League Championship, many members of the Skidmore men's soccer team suddenly found themselves with a lot of free. Thus, an announcement is expected to come from the men's soccer headquarters regarding their latest initiative: Save The Bees.

Rumors spread in the dining hall. Sources close to the situation revealed to *The Skidmore News* that members of the men's soccer team have organized a tightly-knit coalition to raise awareness for one issue affecting us all: the extinction of bees.

Junior, Robert Smukler, who spoke under condition of anonymity, told *The Skidmore News* that the goal of the operation is to "stop the extinction of bees."

The announcement should come as no surprise: recently appointed head coach, Jeremiah Kneeland, has made it his personal mission to engender his players with a strong affection for wildlife and social action.

In August, Kneeland traveled to Nigeria to recruit prospective student-athletes and raise awareness for endangered Zebras as part of his latest campaign, Halting All Zebra Endangerment (also known as, "Operation: H.A.Z.E.").

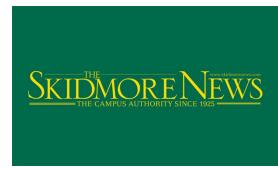
Many members of the team have expressed moral outrage, as sophomore benchwarmer, Jessie Evensky, said in an interview with ESPN U, "I'm morally outraged."

Defender Mike Lemnios, also a sophomore, has been a hugely impactful bee activist since high school. He attributes his bee affection to a "powerful" documentary" he watched several years ago.

Sophomore defender Andrew Pertsov is also an active member of the cause. Despite his passion for bees, he refused to comment in a phone interview, but did breathe into the receiver for long enough to fog up the *The Skidmore News* headquarters.

Senior, Andrew Blake tucked his chin into his left shoulder and lambasted apathetic students and offered a rallying cry, "I literally am not exaggerating when I tell you that bees just do so much for us."

Andrew's right: bees contribute to our society greatly. It's approximated that one-in-three bites of food would not be possible without bees and their pollinator powers. Moreover, they have a significant impact on our economy: "more than \$15 billion a year in U.S. crops are pollinated by bees" according to



The Natural Resources Defense Council (NRDC), one of the nation's preeminent environmental advocacy groups.

However, in 2006, many beekeepers across the nation experienced a mass disappearance of bees. Suddenly, bees were not returning to their hives, or were dying. The nation-wide phenomenon alarmed many beekeepers and stakeholders. Researchers and scientists have labeled the mysterious disappearance "Colony Collapse Disorder."

 A report, released by NRDC, cited global warming, toxic pesticide use, habitat loss and parasites as possible causes of CCD. However, there is no consensus in the scientific community about why the mass disappearance is occurring. In one instance, a beekeeper checked on his beehives in the morning, only to find that all 3,000 of the bees inhabiting the hives had disappeared.

CCD has killed more than 10 million beehives in North America since 2007. According to U.S. News and World Report, academics are now identifying pernicious pesticides as the primary cause of colony collapse disorder.

If we don't start raising awareness and changing our ways, CCD may begin to sting us. As the bee population vanishes, food prices rise - so enjoy your \$12 grapes, because that might be where we're headed.

Skidmore Men's Soccer team is working their hardest to fight CCD and raise awareness. "We'll probably make some t-shirts on Fun Day," said freshman attacker Nick Masiero, who added, "but only after we finish cleaning the locker-room."

Correction Appended: November 15, 2013: In a previous version of this article, Alex Hodor-Lee, a senior defender, was listed as the Treasurer of the "Save the Bees" campaign. However, he has since been kicked out of the organization. Though, sources close to the situation suspect he may be reinstated.

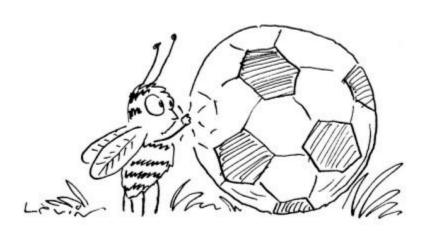
Look out for more in our series of "Athletes doing good stuff"! Next week: "Men's LAX to Global Warming: Chill with that, Bro"

#1.3119857:3234705469.jpg:Bee Soccer

"Bees are going extinct. Do you have anything to add to that Keith?" Coach Kneeland told his players in a team meeting.

Arnie Levin/The New Yorker







Skidmore Cares begins another holiday season of community support

Donations for various organizations will be collected on Dec. 6 at the Scribner House

By Julia Leef, Managing Editor On Fri, Nov 15, 2013

In the eighth year of its inception, Skidmore Cares hosted a luncheon on Tuesday, Nov. 12, to emphasize the importance of the many charitable services performed by local organizations during the holiday season.

The program, started by President Phillip A. Glotzbach and his wife Marie in 2006, includes over 50 faculty, staff and student volunteers. Several student groups are also involved, including the Student-Athlete Advisory Committee, Benef-Action, Beatlemore Skidmania and the Student Government Association.

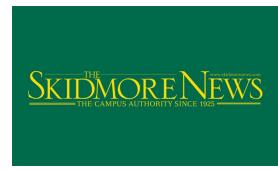
"We always look forward to this event to bring everyone together to meet everybody," Marie Glotzbach said in her presentation of the program's accomplishments. "We began this program to provide the Skidmore community with the notion of responsible leadership."

Skidmore employees who promote and organize the event also collect donations. These "cheerleaders" include members from Student Affairs, Academic Affairs and Finance and Administration who are responsible for donating various items to their respective programs, such as canned goods or school supplies. In addition, the Beatlemore shows will raise funds through ticket sales and collections at the concerts on Nov. 22 and 23.

The recipients of the 2013 Skidmore Cares program are the Corinth Central School District, the Domestic Violence & Rape Crisis Services of Saratoga County, the Franklin Community Center, the Latino Community Advocacy Program, Mary's Haven, The Salvation Army, the Saratoga County Economic Opportunity Council, the Saratoga Springs City School District PATHS Program and Shelters of Saratoga.

"Skidmore College enhances the meaning of the Skidmore Community coming together and makes a positive difference in the lives of many families in the Saratoga County," Marie Glotzbach said.

There will be an Open House from 3 to 8 p.m. on Friday, Dec. 6 for Skidmore employees and their families, which will be designated as Skidmore Cares Friday. Canned goods and school supplies will be



collected on this day in a sleigh on the front yard of Scribner House, and all donations will be received at the Scribner house. There will be no on-campus collection of donations.

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The cheerleaders help collected donations to distribute to agencies.

Courtesy of Communications

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Marie Glotzbach spoke about the program's history and the many organizations involved.

Meredith Simonds/The Skidmore News

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Representatives of various agencies spoke about the service their organization provides to the community.

Meredith Simonds/The Skidmore News

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Representatives of the recipient agencies attended the luncheon.

Courtesy of Communications



















The Discovery Tour: are we prioritizing a diverse student body?

The Admissions' funded program that looks to attract under-represented potential student groups

By The Editorial Board

On Fri, Nov 15, 2013

Diversity: it's a 'hot' word in college campuses and admissions offices. The Princeton Review ranks colleges in terms of "Lots of Race/Class Interaction", "Most Religious Students", and whether or not a school is "LGBT-Friendly" - but carefully avoids using the term diversity. It's ironic then, that colleges are making great efforts to create and advertise campus diversity, when it's a concept impossible to assign a singular definition.

Since the early 90's, the College has hosted the Discovery Tour. It's a three-day, all-expenses paid tour of the Skidmore campus and community. It's goal? To enroll as many underrepresented and underserved students as possible, according to Mary Lou Bates, Vice President and Dean of Admissions and Financial Aid.

In the past the invite-only program was exclusively for students of color. Since 2012, Admissions has begun to extend the invitation to small quantities of international students as well as white students from low socio-economic backgrounds. In the spring of 2013, approximately 600 students were invited to participate in the tour. Of the 134 attendees, six were from either Puerto Rico or Costa Rica, and four were white students from low socio-economic backgrounds.

Members of the tour attend classes, tour the campus, attend academic and performing art forums and student panels and have dinner with various faculty members. The students are assigned student hosts, which Admissions attempts to select from a variety of student groups on campus (including the Student Government Association, Athletics, and Residential Life). Any student invited who cannot make the tour will be entirely funded by admissions to visit the campus at a different time.

The College's Strategic Action Plan in 2005 aimed for 20% of the student body to be students of color. In 2003, approximately 12% of the student body comprised students of color. Currently, approximately



23% of the student body comprises students of color. Eight percent of the student body is composed of international students.

With 53% of the attendees of the spring 2013 Discovery Tour enrolling in the college, the tour does seem to be contributing to a growing geographically, racially, ethnically, culturally and socioeconomically diverse student body - further distancing the Skidmore student body from its "white from Westchester" stereotype.

But what does the tour mean for our campus community?

In the 2011 Graduating Students of Color Exit Interviews prepared by the Committee on Intercultural and Global Understanding, several students cited that they chose Skidmore after attending the Discovery Tour. Several students also stated that they found the tours to feel segregated and exclusionary, a concern that Bates says Admissions is sensitive to and has worked to address. Other students noted in the survey that the tour offered a false sense of diversity on campus. Bates stated that the tour is not meant to mislead potential students, and that Admissions states at several junctures of the Discovery Tour that the student body is approximately 78% white. The 2013 Graduating Students of Color Exit Interviews is not yet available through The Office of Student Diversity Programs.

The Skidmore News believes a diverse student body enhances the educational and social experiences of a college. It also appliants Admissions recent efforts to fund international students and students specifically from low socio-economic backgrounds. In the future, this paper hopes to see the Admissions office continue to reach out to students geographically and socio-economically diverse.

But it's not enough for Admissions to make the effort to encourage students from diverse backgrounds to enroll in the school. It's an ugly truth, but the Skidmore student body can often feel like it is divided into isolated groups rather than one cohesive unit. If we as Skidmore students place great importance on a dynamic and diverse student body, one way to become involved is through hosting a prospective student on the tour, as the Discovery Tour program is largely dependent upon volunteer student hosts. Being a meaningful member of a college community means working to not only improve the college in the present, but also in the future.

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Despite several complaints, the Discovery Tour program has been overwhelmingly successful in diversifying Skidmore's student body.

Skidmore College



$d_{is}^{\text{tour}} covery$



Semester Online offers interactive courses for Spring 2014

This online program teaches courses from numerous national and international universities

By Julia Leef, Managing Editor On Fri, Nov 15, 2013

As registration comes to a close, students wishing to take additional courses may wish to consider Semester Online, a unique program that offers undergraduate online courses. This program opened enrollment for the spring semester of 2014 with 21 courses for students to choose from.

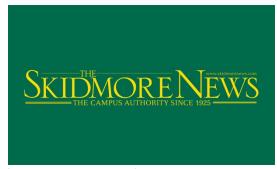
According to a recent press release, Semester Online uses the Socratic method of learning to engage students in face-to-face learning through live video conferencing and online chats. Students participate in discussions and exercises, attend lectures and collaborate with peers in an online-capacity. The program operates through a consortium of colleges and universities, including Boston College, Brandeis University, Emory University, Northwestern University, and Wake Forest University. Students will also receive an official transcript from the institution offering the class.

The fall pilot of Semester Online has been a successful start for this groundbreaking online education program with more than 100 students enrolled across 10 courses, Andrew Hermalyn, executive vice president and general manager of Semester Online at 2U, Inc., said in a press release. Semester Online partners with 2U, which was founded in 2008 by a team of education veterans and provides universities with the technology, infrastructural support, and capital needed to support this web-based program.

On Nov. 6, Semester Online announced Trinity College Dublin and the University of Melbourne as its first international partners, giving students the option to study abroad online in Ireland and Australia. The University of Melbourne will offer a *Classical Mythology* course while Trinity College Dublin will lead a course on *Ireland in Rebellion*, 1798-1916.

"Trinity College Dublin and the University of Melbourne are world-renowned education institutions with a legacy of innovation in teaching," Hermalyn said. "Semester Online students will benefit from the talents and global perspective of their respective faculty. Their participation in Semester Online demonstrates our commitment to making this initiative international in scope, thereby enriching the development of all the students in this new for-credit program."

Several of the newer courses added to Semester Online's curriculum for the 2014 spring semester include *Critical Earth Issues, The Hebrew Bible/Old Testament: Then and Now, How to Rule the World*



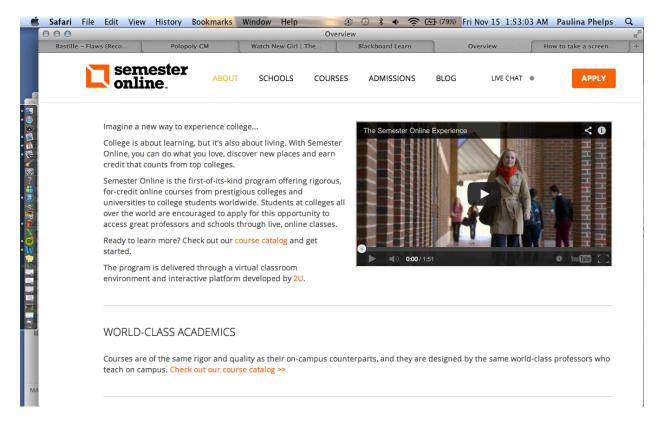
and *Baseball and American Culture*. A complete list may be found at the program's website.

"The expansion of Semester Online's course offerings demonstrates the speed at which the program is growing, as we provide more students the opportunity to participate in this unique academic experience with live online classes of fewer than twenty students per class, led by renowned professors from the nation's best undergraduate institutions," Hermalyn said.

Semester Online will accept applications from students currently enrolled in a four-year, regionally accredited institution and who are in good academic standing. The deadline for the application is Mon. Dec. 23, with an early deadline of Fri. Nov. 22.

#1.3119834:3626297737.pngSemester Online

A full list of the 2014 Spring courses may be found on the program's website.





Typhoon Haiyan strikes the Philippines, Skidmore begins to respond

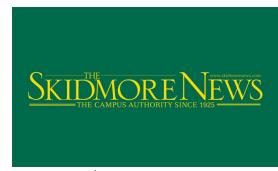
By Andrew Shi, Editor-in-Chief On Fri, Nov 15, 2013

Earlier this week, Typhoon Haiyan swept through the Philippines, obliterating whole cities and villages in its path. The United Nations Office for the Coordination of Humanitarian Affairs has reported 4,460 deaths as of Thursday, Nov. 14, but exact numbers will not be determined until remote cities are reached and reviewed. While the magnitude of death is staggering alone, an estimated 11 million Filipinos of a population of 98 million have been affected and approximately 900,000 displaced.

Unfortunately, casualties of the storm may grow as repercussions of the typhoon including the proliferation of disease and shortages of food and clean water worsen. With destroyed infrastructure and a paucity of clean water, those in the directly affected areas may resort to drinking water contaminated by effluent. The tropical weather of the Philippines only exacerbates the incubation and spread of disease. The New York Times reports that those affected are at risk of lethal diseases such as cholera, hepatitis, malaria, dengue fever, typhoid fever, bacterial dysentery as well as polio, which has to this point been eradicated from the Philippines for 14 years. Already insanitary environments are worsened by the decaying of the dead bodies which have only begun to be buried in mass graves.

Major news outlets report that there is a severe lack of clean water, food and medication being provided by operating aid organizations. There are also reports of anarchy and fights over what limited supply there is.

The UN estimates that it will need \$301 million to provide thorough aid to the Philippines.



While the number is dauntingly large, a few dollars, sometimes as low as \$1, can purchase a single vaccination. One vaccination can save a life.

Skidmore College has a strong tradition of coming to the aid of others, from the victims of Hurricanes Sandy and Katrina to those of the earthquake that shattered Haiti.

Monday night, a small vigil was held outside the Murray-Aikins dining hall by Cleo Gordon '15 and several other students along with members of the Office of Student Diversity Programs clubs.

On Thursday, an email was sent out to the Skidmore Community by Richard Noel Chrisman, Director of Religious and Spiritual Life, asking the community to consider donating money to organizations dedicated to aiding the Philippines. Among the organizations suggested were: the American Red Cross, AmeriCares, Direct Relief International, Mercy Corps, Save the Children, UNICEF and World Food Programme. An additional article by The Times offers a larger selection of potential charities and NGOs.

Later that same day Sofia Naqvi '14, a student representative of the Office of Student Diversity Programs and President of Hayat, sent out an email to club presidents. "We, as a united Skidmore community, can act. We can make a positive effort to help. We have the resources, the means, the people power to do something about this," Naqvi said in her email.

Her email purposed a fundraiser of some sort and solicited co-sponsors as well as general ideas. Naqvi recommended a benefit concert/performance with tickets sold at the door. Responses were quick and supportive of the idea.

Naqvi's email echoes many of the sentiments espoused by Skidmore's annual Social Justice Month which the College is currently half-way through. In the spirit of the month, if nothing else, it seems only appropriate that Skidmore pursues all avenues to providing aid to those devastated by Typhoon Haiyan.

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Survivors call out for clean water and food.

NBCNews

#1.3119680:1198277159.jpg:haiyan2

An elderly woman and an injured man are evacuated from their homes.



NBCNews









Harvest Festival

By Rachel Dyckman On Mon, Nov 18, 2013

The Skidmore Traditions Committee holds numerous events throughout the year such as the tree lighting ceremony, Chocolate Milk Day, and the bonfire. The latest addition to the list of Skidmore Traditions is the Harvest Festival. Do you like eating delicious local food while listening to folk music performed by talented groups such as the Bandersnatchers? If so, you are sure to enjoy the Harvest Festival!

The Harvest Festival took place on Thursday, November 7th on Case Green at 8pm. The Skidmore Traditions Committee will be teamed up with the Sustainability Committee to promote sustainability and environmental awareness on campus. It is a great event for students to learn more about what both the Traditions Committee and Sustainability Committee does, and to help educate students about the benefits of locally produced food while fostering a sense of community amongst students.

Food at the event was provided by Comfort Kitchen, a Saratoga Springs restaurant that uses fresh, locally sourced ingredients, and which is an active proponent of the farm-to-table movement, advocating for local, seasonal produce to eliminate the need for lengthy transport, minimizing the burning of fossil fuels. There was also Eco-friendly giveaways at the festival.

SGA Senator and head of the Traditions Committee, Lauren Scauzzo '15 explains, "Tradcomm's first event isn't until the Tree Lighting Ceremony in December. I wanted to have an event that brought the Skidmore community together a little earlier in the school year, and Harvest Festival was the product of this idea. When a fellow Senator who chairs (the) Sustainability Committee reached out to me about collaborating for Harvest Fest, I was really excited. It's the perfect opportunity to promote sustainability on campus in a really fun and engaging way."

The Harvest festival is the perfect opportunity to enjoy the crisp fall weather and take advantage of the green before the inevitable snow and frigid temperatures descend on campus. What better way to enjoy the fall season and celebrate local food than to share a delicious, locally grown meal with friends while listening to great music under the stars?

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Campus Safety Reports: Nov. 4 to 14

On Wed, Nov 20, 2013

Campus Safety Reports

Incidents of Note:

- **Saturday, Nov. 9**-Suspicious Activity: Reporting person observed a five-pound bucket of whey protein filled with rocks and numerous BB shot holes at 6:04 p.m. in the Falstaff's Parking Lot. Report issued.
- Sunday, Nov. 10-Criminal Mischief: Officer reported observing five male subjects at 3:50 a.m.
 throwing unknown objects at the windows of Wiecking Hall. Officers dispatched identified the
 subjects. Report issued.
- Tuesday, Nov. 12-Trespass: A female subject located at 11:06 p.m. sleeping in the Tisch Learning Center. Officers escorted the subject from the secured building.

Further Incidents:

Friday, Nov. 8:

- Campus Safety Assist: The Saratoga Springs Police Department reported an emergency call at 12:12 a.m. regarding a verbal altercation at the Sussman Apartments. Subjects were located and the situation was resolved. Report issued.
- Intoxicated Subject: An intoxicated female reported at 2:44 a.m. in Wilmarth Hall. Subject was alert and responsive. No medical attention necessary.
- Emergency Phone: An emergency blue light activated at 9:51 p.m. at the Sussman Apartments with no caller response. Officers dispatched reported no one in the area and a probable false activation.
- College Violation: A noise complaint reported at 11:42 p.m. at Dayton Drive. Dispatched officers spoke with residents who complied with the request to lower the volume.
- Drug Law Violation: Fire alarm activation received at 11:51 p.m. at Cane Crossing. Dispatched
 officers who reported that the alarm activation was due to marijuana smoke. Report issued.

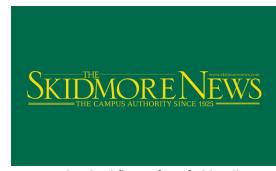


Saturday, Nov. 9:

- Campus Safety Assist: Report received at 12:20 a.m. of someone vomiting in Jonsson Tower.
 Assistance requested. Dispatched officers checked the area and reported that the call was unfounded at the time.
- Campus Safety Assist: Transport requested at 4 a.m. to the Saratoga Emergency Room. Officer dispatched completed the transport. Report issued.
- Larceny: Reporting person came to Campus Safety office at 1:24 p.m. to report a larceny from her room in Kimball Hall. Report taken.
- Criminal Mischief: Officer reported finding a washing machine door damaged and broken off at 3:31 p.m. in McClellan Hall. No known perpetrator. Report issued.
- Criminal Mischief: Officer found wall damage at 3:38 p.m. at the Colton House. Investigation pending.
- Accident: An accident reported at 4:49 p.m. in the Sussman Village. Officers dispatched reported that a utility cart had overturned on a steep hill. No personal injury. Report issued.
- Fire Alarm: Fire alarm activation received at 7:08 p.m. for the Hillside B Apartments. All units, Unit-10 and the Saratoga Springs Fire Department notified. Activation was due to a cooking error. Report issued.
- Campus Safety Assist: Officers reported unsafe driving at 9:25 p.m. in Case Lot. Officers confronted the driver and found him rude and argumentative. Report issued.
- Medical Assistance: Student reported at 9:58 p.m. that he had injured his foot playing basketball
 and requested an evaluation from the Skidmore College Emergency Medical Service at Howe
 Hall. Officers and the Skidmore College Emergency Medical Service dispatched. Subject
 evaluated.
- Campus Safety Assist: A male subject reported at 10:49 p.m. being carried into Penfield Hall.
 Officers dispatched canvassed the area and the building. No subject located.

Sunday, Nov. 10:

- College Violation: Excessive noise reported at 12:23 a.m. at Cane Crossing. Officer dispatched spoke with students who complied with the request to lower the volume.
- Intoxicated Subject: An intoxicated subject reported at 12:08 a.m. at the Sussman Apartments. Officers and the Skidmore College Emergency Medical Service dispatched. Subject transported to the Emergency Room via ambulance. Report issued.
- Criminal Mischief: Officer reported finding three holes at 3:45 a.m. in the wall of the Penfield stairwell. Damage recorded. Report issued.



• College Violation: Excessive noise reported at 11:18 p.m. on the third floor of Penfield Hall. Officers dispatched reported noting no noise upon their arrival.

Monday, Nov. 11:

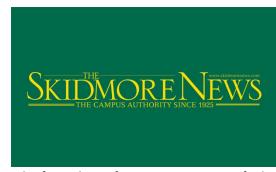
- Suspicious Odor: A suspicious odor reported at 2:40 a.m. on the second floor of Kimball Hall. Dispatched officer reported that the call was unfounded at the time.
- Campus Safety Assist: An escort requested at 11:33 a.m. from a room in Wilmarth Hall to Health Services as the reporting person was not feeling well. Officer completed the transport. Report issued.
- Suspicious Odor: A burned rubber odor reported at 7:59 p.m. in the Williamson Sports Center. Officer dispatched requested that maintenance examine the dryer. No smoke or fire reported.
- Drug Law Violation: A suspicious odor reported at 9:17 p.m. in Kimball Hall. Dispatched officers who reported a drug law violation. Report issued.
- Suspicious Activity: Report received at 11:44 p.m. of a male voice yelling in Wiecking Hall. Officer dispatched reported locating the subject and that he was fine. Report issued.
- College Violation: Excessive noise reported at 11:18 p.m. on the third floor of Penfield Hall.
 Officers dispatched reported noting no noise upon their arrival.

Monday, Nov. 11:

- Suspicious Odor: A suspicious odor reported at 2:40 a.m. on the second floor of Kimball Hall. Dispatched officer reported that the call was unfounded at the time.
- Campus Safety Assist: An escort requested at 11:33 a.m. from a room in Wilmarth Hall to Health Services as the reporting person was not feeling well. Officer completed the transport. Report issued.
- Suspicious Odor: A burned rubber odor reported at 7:59 p.m. in the Williamson Sports Center. Officer dispatched requested that maintenance examine the dryer. No smoke or fire reported.
- Drug Law Violation: A suspicious odor reported at 9:17 p.m. in Kimball Hall. Dispatched officers who reported a drug law violation. Report issued.
- Suspicious Activity: Report received at 11:44 p.m. of a male voice yelling in Wiecking Hall. Officer dispatched reported locating the subject and that he was fine. Report issued.

Tuesday, Nov. 12:

• Trespass: Report received at 6:33 a.m. that a female subject was issued a trespass warning at Palamountain Hall. Report issued.



- Suspicious Odor: A gas odor reported at 4:35 p.m. at the front door of Jonsson Tower. Notified Unit-10 and an officer. Maintenance reported detecting no odor at the time.
- Suspicious Odor: A suspicious odor reported at 11:13 p.m. on the eleventh floor of Jonsson Tower. Dispatched officer who reported the call was unfounded.

Wednesday, Nov. 13:

- College Violation: Excessive noise reported at midnight at Whitman Way. Officer dispatched reported hearing no noise. An additional noise complaint received. Officer spoke with residents who complied with the request to lower the volume.
- Fire Alarm: Fire alarm activation received at 4:46 p.m. in the Sussman Apartments. Dispatched officers, maintenance and the Saratoga Springs Fire Department. Alarm was due to a cooking error. Report issued.
- College Violation: A noise complaint reported at 10:57 p.m. on the first floor of Kimball Hall. Dispatched officers, who reported detecting no noise. Call unfounded at the time.

Thursday, Nov. 14:

- College Violation: A loud noise reported at 12:39 a.m. on the floor above a dorm room in Wiecking Hall. Dispatched officer reported that the resident complied with the request to lower the television.
- Complaint: Unauthorized subjects reported at 4:40 p.m. parked in the Childcare loading area by the entrance to the Williamson Sport Center. Officers dispatched contacted the owners and the vehicle was removed. Report issued.



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Dylan Lustrin/The Skidmore News





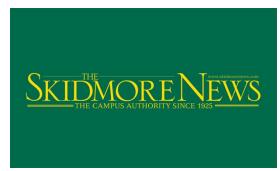
Rethinking Thanksgiving: Comfort Food as a Holiday Tradition

By Brittany Dingler On Wed, Nov 20, 2013

From a reductionist perspective, (ignoring for a moment Americans' propensity for overindulgence) food is crucial to survival. However, even before McDonalds came around, Ben Franklin recognized this temptation and the consequence it can have on our lives - an understanding that prompted his advice "eat to live, don't live to eat." Following this advice is much easier said then done, of course, as self-medicating qualities of comfort food exist. As a result, we eat for stress, for comfort, in celebration, in boredom, in sadness, and in happiness. This wheel of carbohydrate-fueled contradictions, however, is consistent in one message: we eat our feelings. Never is this concept more prominent than during the holidays when, at some point or another, every major feeling on this wheel is experienced. So it is no wonder that overeating has come to be expected and *accepted* come late November. Perhaps then, this could be the ideal time to tackle the underlying issues and find a way to dissect the physical feelings of hunger from our emotions.

The first step to tackling this issue is to understand that overeating, especially at Thanksgiving, is not truly our 'fault.' After we eat comfort food a vicious storm of hormones and neurotransmitters arises where positive, addictive feelings afforded by ghrelin (the "hunger hormone"), serotonin (the "happy hormone"), and dopamine (the "reward hormone") come together in celebration to help (temporarily) alleviate the preceding stressors which caused us to seek consul in the form of food. As a result, we tend to create an addicting cycle of self-reinforcement for our eating behaviors. Psychologically speaking, the most toxic component of this cycle is our propensity to become angry with ourselves when we've eaten the 'wrong thing' or even too much of a good thing. Ironically and sometimes painfully, this stress and anger often pushes us to eat more.

Taking this back to the Turkey-Day dinner table here are some considerations. We should ask ourselves how this cycle ever gets triggered initially. We're home with family and taking some much-deserved time off from our biggest stressor as college students: school. Although these are ideal ingredients for us to attain that romanticized holiday happiness we long for all year, our eating behaviors are one indication that our bodies and brains are dealing with additional subconscious stressors of which we are largely unaware. As a result, we only pay attention to the positive feelings associated with this family time; we focus on the annual touch football game, catching-up with cheeky cousins and over-sharing aunts, and talking to parents about how no, really this is what I want to major in. We're distracted, having fun and dodging bullets and are therefore not entirely tuned in to our feelings (and why should we be?). But



come time for Thanksgiving dinner that evening, after most distractions have largely disappeared, the stress is still there, screaming for chemical relief, which can now be conveniently found in the form of cornbread, stuffing, and casserole. In all, when considering the predictable package of emotional ups and downs that hail the holiday season, coupled with a nationally shared awareness of how good we feel as we devour our third and fourth servings, can anyone truly be surprised that overeating has become a cultural norm for Thanksgiving?

So what do we do? How can we separate our feelings of hunger from feelings of emotion? We must change how we view food. Instead of using pumpkin pie as Prozac we should work to tune into the relationship between our mind and body, thereby creating a healthy divide between feeling and fueling. In essence, if we can learn to change our relationship with food we can create a healthier relationship with ourselves. Some simple tips to control our cravings integrate common sense with mindfulness strategies. To start, eat small, healthy snacks throughout the day to prevent yourself from getting too hungry. The trifecta previously mentioned of ghrelin, serotonin, and dopamine is particularly sensitive to low blood sugar, which often leads to grumpy, cranky feelings that could spark a whole host of stressors in the presence of friends and relatives. Second, ask yourself - before you plop four servings worth of sweet-potato casserole on your oversized dinner plate - just three simple questions regarding why you want to eat it. One: are you actually hungry? If yes, try drinking a glass of water first; we often confuse feelings of hunger with signs of dehydration. Two: are you eating because it tastes good? Studies show that all you need is a bite or two to make cravings vanish! Three: are you eating because it feels good? Even just acknowledging where our emotions are coming from allows us to rethink what and how much we eat. As soon as we realize when we're eating for emotions rather than for hunger, we allow ourselves the strength to lean back from the dinner table and find that we can actually find more comfort in family and friends than in food. As a result, we are better able to consciously acknowledge our stressors, a simple level of awareness that allows us to be more present, so that we can enjoy the holidays in a healthier, happier way



Gophers' historic winning streak comes to an end

By Katie Peverada, Sports Editor On Thu, Nov 21, 2013

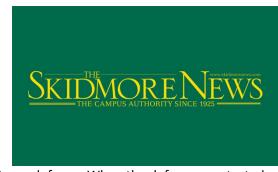
On Sunday afternoon, the historic winning streak of the University of Minnesota women's hockey team ended at 62-straight victories, a record that dated back to Feb. 17, 2012. The team not only annihilated previous records but also obliterated opponents along the way.

Last year, I wrote about the University of Minnesota's women's hockey team and their historic 38-game win streak, a record at the time. The team went on to end the season undefeated and earn their second-straight national championship. Dating back to the 2011-2012 season, the Gophers had won 49-straight games and started this season with 13-straight wins too. But on Sunday afternoon, the historic winning streak ended at 62-straight victories. Facing off against the team that had given them their last loss all the way back on Feb. 17, 2012, Minnesota fell to the University of North Dakota 3-2.

To say The Streak (as it has become known in the college hockey world) was impressive is an understatement. They annihilated the previous-best Division I women's hockey winning streak of 21 games (owned by Harvard) and did the same to the men's record of 30 games (by RPI and Cornell). They almost doubled the previous best 32-game unbeaten streak, which counts ties, of the University of Wisconsin women's team and trumped the men's record of 38-straight unbeaten games held by RPI.

More impressive than the streak itself is how, for 639 days, the Gophers repeatedly dominated their opponents in nearly all aspects of the game. Minnesota outscored their opponents 311 to 63. During the 2012-2013 season - the meaty part of The Streak - the team led the nation in team offense with an average of 5.3 goals per game. Boston College was second with 4.3. During the three seasons that The Streak spanned, the Gophers have remained in the top five of team offense. Their highest scoring game was an 11-goal performance against Colgate University in 2012.

But, as all sports fans know, defense wins championships. In the 2011-12 and 2012-13 seasons, the Gophers finished first in team defense nationally. In 2011-12, they only gave up 1.32 goals per game and followed that up in 2012-13 with an even stouter .88 goals per game. And through the first 14 games of the 2013-14 season, Minnesota sits at a very respectable fifth place, allowing only 1.43 goals per game.



So as impressive as the team offense was, so too was the team defense. When the defense was tested, it responded well. While only three of the 62 games went into overtime, Minnesota was obviously on the winning end of all three, including a three-overtime thriller against North Dakota in the NCAA quarterfinals in the 2012-13 season.

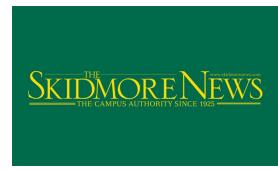
Only six of Minnesota's games were of the 1-goal-margin-of-victory variety, clearly in part due to the minuscule goals allowed per game and offensive output seen above. Every other victory was by at least two goals. They made national powerhouses look helpless. The average margin of victory throughout The Streak? 4.25.

Minnesota trailed entering the third period only once during The Streak, which again can be either be attested to their outrageous offense or their stalwart defense. While their team performance throughout The Streak was remarkable, the individuals that make up the team are some of the best in the world. The current US Olympic roster contains four players from Minnesota who were a part of The Streak, two of whom - Amanda Kessel and Lee Stecklein - will return next year after taking this year off to focus on Sochi.

Defensively, goaltender Noora Raty, a member of the Finnish national team since the age of 15, registered 20 shutouts in the 46 games she appeared in during the streak. Raty was the top goaltender in the nation in 2011-12, as she was first in goals-against-average (1.35) and third in save percentage (.942). Raty was even better the next season, registering a .964 GAA, a .956 save percentage and backstopping the Gophers to their second-straight national title. Offensively, during the 2011-12 season, Minnesota had two players in the top ten in the nation in scoring in Jen Schoullis and Kessel. During the 2012-13 season, Kessel won the Patty Kazmir award and led the nation with 101 points (46 goals, 55 assists) despite missing three games due to injury. Fellow forward Hannah Brandt was second in the nation with 82 points (33 G, 55 A), and defenseman Megan Bozek was ninth with 57 points (20 G, 37 A).

Some were concerned that coming into this season, the Gophers would have trouble replacing the players lost from last year's team. But Amanda Leveille has taken over in net for the graduated Raty and is currently the sixth ranked goalie in the nation (1.43 GAA, .942 SV%); not bad for a goalie who only had three career starts coming into the season. And Minnesota is still producing offensively, with Brandt, Rachel Bona, Kelly Terry and Sarah Davis all sitting in the top ten in scoring. The Streak might be over, but Minnesota is poised to win their third-straight National Championship. Even after their loss on Sunday, Minnesota remains in the top spot of the USCHO.com poll, a spot they have held since March 5, 2012.

Something that might last longer than the 639 days The Streak lasted is the impact that it has had on the world of hockey. Yes, there has been an increase in attendance at games and a boost in recruiting for a



team that already had unprecedented depth. Perhaps the most telling evidence - sadly - was when the team was finally featured on Sportscenter last week. Minnesota scored two goals over the final 2:02 against St. Cloud to preserve their streak. Admittedly, it was a short clip that most people brushed off.

But in a world where what Tom Brady is wearing at his press conference takes precedent over one of the greatest feats in North American sports history, the Gophers finally received the acknowledgement they deserved.

Unbelievable.

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North Dakota celebrates their streak-ending win over Minnesota on Sunday. North Dakota was also the last team to defeat Minnesota.

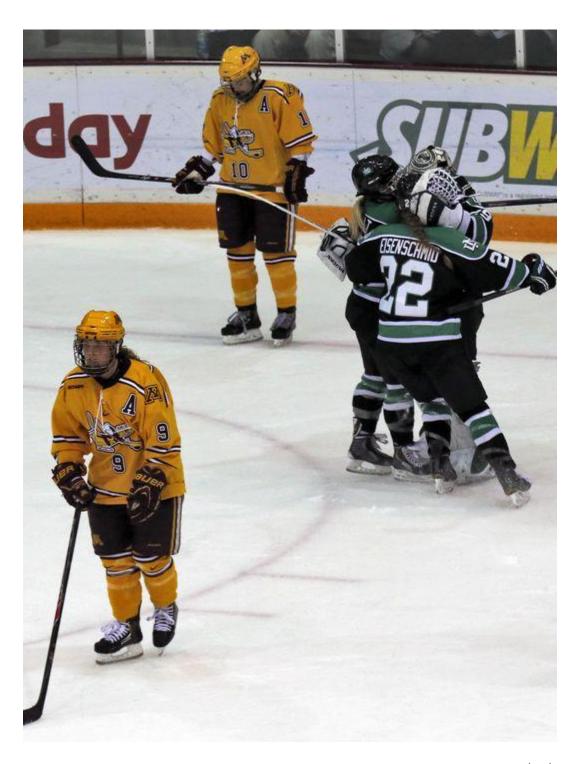
Marlin Levison/AP

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Amanda Kessel, Minnesota's leading scorer throughout The Streak, is taking the year off for the Olympics.

HHOF IIHF Images on Ice











Liberty League honors Thoroughbreds

By Katie Peverada, Sports Editor On Thu, Nov 21, 2013

Last week, the Liberty League honored several Thoroughbreds for their hard work throughout the fall season.

The Liberty League announced on Monday their annual end of season honors, and Skidmore's team success was reflected on the lists. There are fourteen different athletes representing Skidmore, including one Player of the Year and eight First Team honors.

Volleyball:

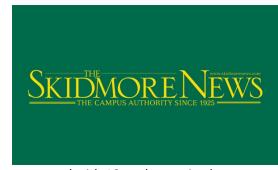
Corinne Palmer '14 topped off her stellar Skidmore career by earning a spot on the All-Liberty League First Team for the second time. Last year, Palmer was named both the Player of the Year and an All-American, in addition to her First Team honors. Palmer's sophomore year she was on the Second Team. Palmer has also been on the Liberty League All-Academic Team every year she was eligible. She led the team in blocks, kills and, hitting percentage.

Field Hockey:

The field hockey team had five members earn Liberty League honors, including player of the year Kelly Blackhurst '14. Blackhurst was also named the Offensive Player of the Year and received First Team honors for the fourth time in her career. Blackhurst, who netted 65 points (26 G, 13) is Skidmore and the Liberty League's all-time leading scorer. Blackhurst was also selected as the 2013 Longstreth/NFHCA Division III North Atlantic Region Player of the Year for the second time in her career.

Jenn Hanks '16 was also selected to the All-Liberty League First team because of her stellar defensive work. Hanks led the League with seven defensive saves, netted five goals, three assists and earned Defensive Player of the Week twice this season. Hanks was an All-League Honorable Mention last season.

Krista Lamoreaux '17 rounded out the Thoroughbreds on the First Team on the strength of her strong two-way play. Lamoreaux netted six goals and four assists and was second on the team amongst field players in minutes played and was fourth on the team with 22 shots on goal.



Dani Degregory '16 led the conference with 15 assists and was second with 18 goals, earning her a spot on the All-Liberty League Second Team, adding to her strong freshman campaign last year in which she was voted an All-League Honorable Mention.

Sam Skott '15, this year's Liberty League Tournament MVP, netted a career-high 13 goals and four assists for 30 points, which was also third on the team. Skott scored the game-winning goals in the semifinals and final.

Women's Soccer:

The women's soccer team had five members earn end of year recognition from the Liberty League, including two on the First Team.

Christine Bellotti '14 has three game-winning goals, trying her for third in the League, and finished second on the team with five goals to earn a spot on the First Team. Bellotti, who has started every game for the Thoroughbreds this season, led the team in shots with 42.

Arena Manning '16 leads the Thoroughbreds in scoring, netting five goals and one assist for a team-leading 11 points. Manning's three game-winning goals tied for third in the conference.

Gab Lawrence '14, named to the Second Team has backstopped the Thoroughbreds all season long, notching nine shutouts along the way to make it 19 in her career. Lawrence's goals against average (0.48) and save percentage (0.869) were second and third in the League, respectively.

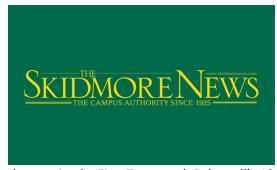
Kelsey Russell '14, who anchors the Skidmore defense and has started all 17 games this season, earned a spot on the Second Team.

Morgan Governale '16 received honorable mention for her part in contributing to both offense and defense. Governale started all 17 games, scoring two goals and adding one assist while also helping the tight Skidmore defense.

Men's Soccer:

The men's soccer team had two players earn All-Liberty League First Team honors and two players receive honorable mention in a season that saw them return to the playoffs for the first time since 2006.

Adam Beek '15 earned his second-straight First Team selection after registering 16 points (6 G, 4 A). Beek also added four game-winning goals for the Thoroughbreds, tied for second in the League.



Brock Bakewell '15, the team's leading goal-scorer with 12, also received a First Team nod. Bakewell's 12 goals were tied for first, and five of those goals were game-winners, also tied for first.

Andrew Blake '14 led a Skidmore defense that only allowed 0.91 goals per game and received honorable mention for his efforts. Blake also tallied one goal and one assist.

Adebare Oyeniyi '17 also received honorable mention, netting two goals and assisting one other in his freshman campaign. One of Oyeniyi's tallies was a game-winner.



Junior class helps lead field hockey to Final Four

By Katie Peverada, Sports Editor On Thu, Nov 21, 2013

The Thoroughbred field hockey team is headed to the Final Four in Virginia Beach. The team is made up of 21 individuals, but all of them contribute to the process, with eight of them coming from one class.

When I first arrived to interview the junior class of the field hockey team, it was utter chaos. With their flight to the Final Four less than 12 hours away, they had something far more important to take care of: helping each other pick out their outfits for the banquet they would be attending while in Virginia Beach.

When it seemed that it would never come to an end and they would miss their flight, Sam Revera spoke up and said, "Guys, the plane can't leave without us."

Revera may have been joking, but she was right.

Meet the junior class of the Skidmore College field hockey team. All eight of them. Together, they have scored 56 goals and 128 points. In net, they have combined to play 98.9% of a possible 4,340 minutes over the past three seasons. Since they've set foot on campus, they've won two Liberty League Championships and qualified for the NCAA tournament every year. Their record since they've been at Skidmore is 51-11.

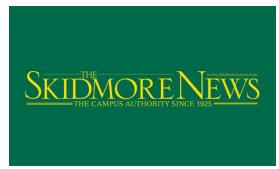
But one of those losses came in last year's Liberty League semi-final, a feeling they weren't used to.

"As freshman, we just walked into a Liberty League championship. We didn't really realize how big of a deal it was until we didn't have it," co-captain Pauline Searles said.

Revera added that this year, they had the mentality of "It's going to happen. It's not getting taken from us again."

And it wasn't, as they beat William Smith 4-3 for the League title. But they made it very clear that they aren't done, and by Sunday afternoon they intend to be 53-11 and National Champions.

"We pretty much always have that as our goal," Revera said about winning a National Championship. At the beginning of each year the team comes up with new individual and team goals, but the goal of a championship is always there.



Collectively, they have all taken on a larger role both on and off the field, and they continue to push each other in all aspects of the game.

"Freshman year we didn't earn it. We weren't really playing as much, but this year it feels like we all played our part," Mel Webb acknowledged.

The girls felt that lately the team has been playing some of its best field hockey of the season. In the first two games of the NCAA tournament, they throttled Keene State 11-1 and then edged the number three-seed in the tournament, Middlebury College, 4-3.

"There's definitely a new energy. We're playing to earn everything," Amy Beck, a goalie on the team, said.

Despite the obvious importance and impact of the junior class in this year's success, they were quick to shower their coaches and teammates with praise. The coaching staff, is headed by coach Beth Hallenbeck, who is assistated by Lauren Winchell and volunteer Wes Chella. Winchell and Chella provide insight and a calming presence, with Winchell working closely with the goalies. The players lauded the individual attention that the coaches are willing to give them.

"With Beth, she's trying to push you, but Lauren can cheer for you while Beth is pushing you," Beck said.

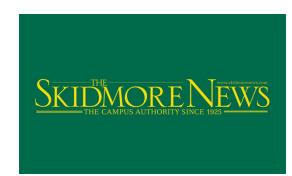
"Chella takes on the role of a spinner. He is able to take every situation and make it a learning experience. Wes always has this in-depth analysis of every situation," Sam Skott said.

The junior class was just as effusive about their fellow teammates as they were about their coaches, particularly the senior class. Co-captain and defenseman Annie Weis, the player they all view as the backbone of the team, leads the defense. Meanwhile, Skidmore's all-time leading scorer Kelly Blackhurst leads the offense and the mindset.

"Knowing how much she [Blackhurst] wants it makes," Beck started, "...Me want it," Webb finished. The way that Webb jumped in and finished Beck's sentence is telling of how powerful and instrumental the junior class is to the team heading into the weekend.

The team is made up of 21 individuals, but all of them contribute to the process, with eight of them coming from one class. It's not that dissimilar from their process of choosing each other's outfits. But as individual as their outfits for the banquet ended up being, the team was just as excited to be wearing matching travel suits on the plane.

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The field hockey team after defeating Middlebury in the Elite 8. They now take on Salisbury University on Friday at 2 p.m.

William Costello

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The eight juniors of the field hockey team have seen their roles develop throughout their career. Their next challenge: the NCAA semi-final on Friday.

Sam Skott '15









NBA Talk: Where Rondo could go

By Andrew Shi, Editor-in-Chief On Thu, Nov 21, 2013

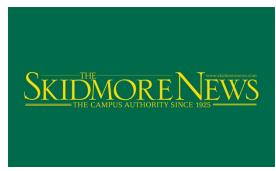
Recently there has been news of a Knick's attempt to trade for the Celtic's Rondo. While Rondo would be a great fit in the Knick's starting lineup, the pieces for a successful trade are not there. Celtic's GM Danny Ainge also seems adamant that Rondo will not be traded, but for the right price Ainge would probably trade his own kids away.

Two other teams have recently been brought up as prospective destinations for Rondo: the Houston Rockets and the Los Angeles Lakers. The Houston Rockets is an unlikely fit for Rondo as James Harden essentially plays the point. Rondo fits best in a lineup where the accompanying shooting guard can cut and shoot on a dime (think Ray Allen). A Rondo-Harden backcourt would be redundant and a poor use of Rondo's talents. What Houston really needs in its starting lineup is a second shooting guard.

The Lakers would be a more interesting fit for Rondo. Kobe is also a player that likes the ball in his hands but his play with Nash last year was a bright in an overall failed experiment. The Lakers also currently have a 2014 first round pick to give away and many expiring contracts that the Celtics would likely be willing to pick up in exchange for dumping heftier contracts onto the Lakers along with Rondo. Yet, as rumors have it, the Lakers are unwilling to pick up cumbersome contracts with a highly anticipated 2014 free agency.

It's unlikely that Rondo, if traded, will end up in New York, Houston or LA, but there are still a few places that could use the services of Rondo and may be willing to trade away the pieces necessary for him.

Dallas right now has the fire power that is keeping it afloat in the Western Conference but it is currently fourth in points allowed at 104 per game. Rondo is widely regarded as the top, if not one of the top defensive point guards in the league. He would be a huge upgrade over Maverick's current point guard, Jose Calderon, who is at times more porous than a sponge. The Mavericks also have a 2014 draft pick to give away, one that could be very high if the Knicks continues to play worthy of the gutter. However, Calderon's current contract is for four years at a grand total of \$29 million which is something the Celtics will be very reluctant to take on. Perhaps if the Celtics can trade a few additional burdensome contracts to the Mavericks, such as Wallace's in exchange for Shawn Marion's expiring contract, the two teams may be able to work something out.



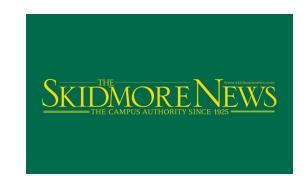
The other team Rondo may be destined for is the Sacramento Kings who tried to sign Calderon this past summer. Currently the Kings have Grevis Vasquez playing point. While Vasquez is a top distributor and led the league in assists last year, he is still a tier below Rondo. The Kings are ready for a push for the playoffs, and Rondo will expedite the process. The Kings have already given their 2014 draft pick away, but they have plenty more in the future to give for Rondo. Vasquez is also on an expiring contract which will entice Ainge.

Point guard is the deepest position in the NBA and it will be difficult to move Rondo. Much also depends on Rondo's ability to bounce back from his torn ACL and play at the same level he has in years past. Otherwise, his depleted stock may just keep him in Boston for the time being. However, Rondo (at least pre-injury) was a top five point guard and an All-star, and there will be plenty of teams looking into his services in the weeks to come.

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There has been talk of Rondo and Kobe joining forces.

lakerholicz.com







Fourth Annual Kenneth A. Freirich Business Plan Competition underway

Students will compete for over \$25,000 to help kickstart their own businesses By Julia Leef '14, Managing Editor On Thu, Nov 21, 2013

The semester has been busy for the 47 students participating in the fourth annual Kenneth A. Freirich Business Plan Competition, which is designed to help students develop and execute their own business plans with over \$25,000 in prize money.

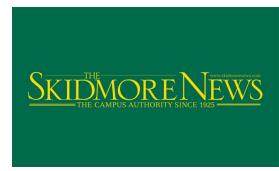
Freirich is a member of the Class of 1990 and president of Health Monitor Network. He started his first business as an undergraduate and returned as the College's first entrepreneur-in-residence in October 2010, challenging students to present new business ideas. Their presentations and ideas inspired him to launch a full-fledged business plan contest to support student innovation.

Participants will undergo a total of four workshops this semester before the submission date on Wednesday, Jan. 22, which will cover writing a business plan, using a business canvas model and a four-part workshop on business financials that will take place in December. These workshops, according to Management & Business Lecturer Paula A. Tancredi Penman, are to help participants who are not business majors take advantage of all the resources available to them for this competition.

"This is not for business majors only, it is for all students to try and compete," Tancredi, who took over as a coordinator for the competition in September, said. "The resources are so amazing for these students."

Tancredi said she first became acquainted with Freirich in her two years of consultation work for the Health Monitor Network. Although she has been present for the last three competitions, this year marks her first official involvement in it.

There are 31 total intents to compete in this year's competition, according to Tancredi, who noted that there seem to be more students working together than in previous years. Business plans this year vary from a way to find the best local bakeries and coffee shops as rated by professional bakers to gaining financial support for students otherwise unable to go to college, customized clothing and matching students' creative services with small, local businesses.



Last year's winner, Sam Schultz '13, used his prize money to create a placement service that will match Chinese youths with residential summer campus in the Northeast. He is currently living in China and running his program. Runner-ups Alexander Nassief '16 and Brianna Barros '16 established the Dominican-based Rum Dogs, Inc., and used their prize money to "implement a proprietary method for aging rum in barrels submerged in the Caribbean Sea and produce a premium brand, called Black Cap Rum, for the Dominican market," according to the College website.

Throughout the competition, participants will have access to help from alumni and current faculty, including Larry Peck '92, who met with the competitors to speak about "The Investor's Mind." Management & Business Executive in Residence Colleen A. Burke and Visiting Associate Professor for Management & Business David Marcinko are both running workshops this semester. Tancredi emphasized the good that attending these workshops will do for students, even if they do not make it to the final round.

"There are so many professors and faculty and staff who lend their time to this in ways I don't even know how in order to help these students and I'm so grateful for it," Tancredi said. Competitors also received aid from Communications and the Advancement Office, which works with Freirich to form the judging panels.

The judging panels consist of Freirich himself and six experts, primarily alumni, who will then go on to mentor the six finalists. These experts will include entrepreneurs, venture capitalists, accountants, lawyers, executives and members of the Department of Management and Business.

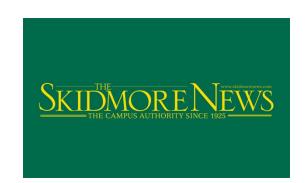
The entrepreneurial spirit at Skidmore amazes me," Tancredi said. "And the fact that there are so many opportunities on campus--this competition is just one of them--you can get so much real experience, and I think this is one of those premiere experiences that students have access to."

The presentation of the first round projects will be at 5 p.m. on Friday, Feb. 7 at the Tang Teaching Museum. From these participants, six will be chosen to revise their plans for the final presentation on Friday, April 11.

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Kenneth Freirich '90, founder of Health Monitor Network.

Courtesy of Communications







Saratoga Reads to bring novelist Khaled Hosseini to the Spa City

On Thu, Nov 21, 2013

Khaled Hosseini, whose three novels have made him one of the best-selling authors of our time, will visit Saratoga Springs as a special guest of Saratoga Reads, in celebration of the community reading program's 10th year.

A highlight of the visit will be An Evening with Khaled Hosseini on Wednesday, Feb. 12, at 7 p.m. in the Arthur Zankel Music Center at Skidmore College. The event, open to the public free of charge, will offer a discussion moderated by Joe Donahue, of "The Book Show" and "The Roundtable" on WAMC Northeast Public Radio, and will also include a question-and-answer session and book signing. Ticketing through the Zankel Music Center box office will begin in mid-January.

"This is a rare opportunity to see one of the world's most widely read and beloved authors in an unscripted and intimate conversation," said Tabitha Orthwein, chair of the Saratoga Reads board.

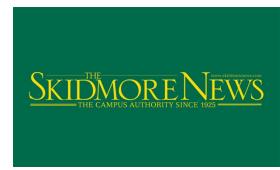
"An event of this caliber would not be possible without the support of our generous event sponsors," added Orthwein. The sponsors include Skidmore College, Saratoga Springs Public Library, Skidmore Student Speakers Bureau, and Friends of the Saratoga Springs Public Library.

Hosseini is an author of special significance for Saratoga Reads, which began a decade ago with the selection of his first novel, The Kite Runner, for community-wide reading and discussion. The program has returned to its roots this year by naming Hosseini's third novel, And the Mountains Echoed, as the book of choice for 2013-14. Both of these selected books achieved bestseller status in the U.S. and have been widely read internationally, as has another novel by Hosseini, A Thousand Splendid Suns.

Hosseini's first two books, The Kite Runner and A Thousand Splendid Suns, have sold more than 38 million copies worldwide and have ben published in more than 70 countries. The Kite Runner, which spent more that five years on the New York Times bestseller list, was made into a major motion picture.

All of Hosseini's novels draw heavily on his native Afghanistan and its struggles with foreign invasions and social, religious, and cultural turmoil.

"In 2004 we began our journey of reading together with Khaled Hosseini's debut novel, The Kite Runner," said Orthwein. "Now, to mark the milestone of our 10th year, we return to that familiar voice



as we read And the Mountains Echoed. But what a bonus this time around, with the opportunity to engage in conversation with Hosseini himself when he visits Saratoga Springs to celebrate with us!"

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Best-selling author Khaled Hosseini will visit Skidmore on Feb. 12.

Courtesy of Saratoga Reads







My Friend, the Rapist

By Matt Choi, Guest Writer On Thu, Nov 21, 2013

Recently, I found out that one of my oldest friends has been accused of rape. He was the most intelligent and most trustworthy of my friends. He was one of very few people who I felt comfortable telling my exact emotions to at any one time. He was also apparently capable of carrying out a heinous crime.

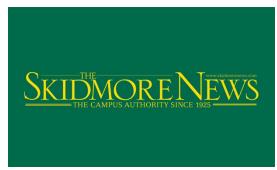
Our daily lives are saturated with bad news, whether it comes from TV, word of mouth or the Internet. The question most people ask themselves, if they bother to dwell on the news at all, is *what if someone I love was there when that mass-shooting/rape/armed robbery/bombing occurred?* Empathy with the victim is the initial reaction to most cases. A question no one ever asks is *what if I knew the perpetrator?* We always wonder what we would do if something bad happened to someone we love, but we rarely ask what happens when someone we love does bad.

I think my change in attitude is best explained by looking at how I used to react to bad news. Last year, I was disheartened by a friend's continued relationship with a guy who had said some terribly racist things. "Write him off," was basically what I told her. "You cannot, and should not, associate with people who behave like that." I believed, and still do to a large extent, that when people do something wrong banishment is a suitable punishment. Having experienced racism at times in my life, my anger stemmed from my natural empathy with the victims. It bothers me, especially at Skidmore, when people easily assimilate back into everyday life after being guilty of racism, violence, or whatever. I think people have a responsibility to show that members of a healthy society cannot engage in this behavior and expect to be accepted by others.

But since my friend's accusation I've realized that a lot of this concept is reliant on the belief that criminals, or people who engage in anti-social behavior, are totally separate from the rest of the society. I, and I think most of America, conceptualize criminals as belonging to some far off class of people. This is why we don't worry too much about locking them in our plentiful prison complexes.

But when these people become our loved ones it becomes impossible to hide them away in some other section of society. Even though my opinion of my friend has changed drastically for the worse, I still feel a lot of the same levels of attachment towards him that I did before his crime.

I care deeply about a rapist.



I'm not condoning the terrible thing he did, but to follow the advice I gave last year and banish him from my life is as impossible as banning my own blood from my veins. I think punishment and banishment have places as tools of justice, although I now question whether these should be justice's main tools. Certainly other countries have developed modes of justice that focus on treating the criminal as a part of society. If this sounds like a nebulous recommendation, it's because I'm still figuring out my feelings and am by no means an expert on criminal justice. I just urge people to think next time you hear some bad news: what if I cared about the criminal rather than the victim? You may find yourself looking at our attitudes towards justice differently.



Film Forum: Blackfish

By Julia Mahony, Columnist On Fri, Nov 22, 2013

Shamu, the star of SeaWorld, is an animal beloved by all. An orca these colossal creatures regularly put on spectacular shows, entertaining hundreds of people. However, the friendly story of Shamu is now a thing of the past. Gabriela Cowperthwaite's documentary,"Blackfish" tells the story of Tilikum, a 12,000 pound orca that infamously attacked and killed the head trainer at Orlando Florida's SeaWorld in 2010 and was implicated in two previous deaths.

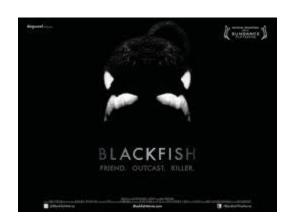
SeaWorld's concern with maintaining its public image is evident in terms of who was willing to speak in the film. Witnesses to Tilikum's attacks and trainers appear on camera, while park executives refrained from on-camera interviews. Cowperthwaite makes it crystal clear that attacking humans is not a natural inclination of orcas, but that their secluded environment potentially leads to a kind of psychosis. In fact, there has never been a recorded incident an orca assault on a human in the wild. The whales are described by researches as very social, caring creatures, with thousands of miles of ocean as their usual stomping ground. Being confined nightly to dark and gloomy concrete pens is most likely the cause for Tilikum's destructive behavior. The CNN anchor Jane Velez-Mitchell poses the following question, "If you were in a bathtub for 25 years, don't you think you'd get a little psychotic?"

This documentary should appeal to students interested in biology, neuroscience, oceanography, and anyone who cares about the way humans treat the Earth and her animals. Many whales have accidentally hurt themselves in attempts to escape from their enclosures. One neuroscientist in the film avers that their brains may be even more advanced than ours. As a trainers says, "When you look into their eyes, you know somebody is home."

"Blackfish" is playing at the Film Forum at 7:30 p.m. on Thursday, November 21st and Friday, November 22nd, as well as at 3:00 p.m. on Sunday, November 24th . At 7:30 p.m. on Saturday, November 23rd, the Film Forum is having a Meet the Artist event for Kyle DeCamp's latest multimedia piece, "Urban Renewal", which encompasses live performance, slide projection and mesmerizing sound.

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Remembering Kennedy

By Alex Hodor-Lee, Op-Ed Editor On Fri, Nov 22, 2013

President John F. Kennedy was not a major policy innovator, he was more than that--he taught us that being American isn't a dirty thing. Kennedy gave us that brief moment of belief, before his death, which prompted or preempted a dark age in American History.

My grandmother always tells me that about doing her "J-F-K's" in physical education classes as jumping jacks were named after the 35th President of the United States. She tells me exactly where she was when an announcement over her elementary school PA system reported: "the president has been shot."

It's been fifty years since the assassination of John F. Kennedy and he's still relevant (if not for his long lasting contributions, then at least for his appeal).

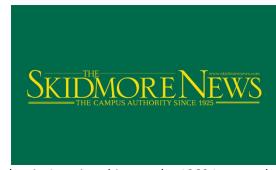
Though conservatives have monopolized the phrase "patriot" in recent years, he reminds me that I'm proud of my American culture (though I recognize its misgivings).

He asked us what we could do for our country, a simple question, but one many had never been asked. Years after her time in the Peace Corps, one advisor to the Clinton Administration admitted that she never had thought to get involved in her country, before Kennedy.

Kennedy certainly has his detractors. Skidmore History Professor Jennifer Delton observes, "after eight years of affable but old and heart-attack prone Eisenhower, Kennedy was young." However, Delton admits, "his actual policies didn't match that image, but the image endures because we want the world back, a world where we are eternally young and eternally, naturally, nobly, powerful."

While nostalgia has hit an all-time high (and yes, we have Instagram, which instantly gratifies our sensibilities, crystallizing our modern photos into the temporarily-immortal depths of faux-antiquity) Jack Kennedy seems to endure. His image does more than assuage millennial insecurities: he reminds us that politics was okay. He reminds us that it was okay to be a liberal.

Accepting the Liberal Party nomination in his 1960 Presidential campaign, Kennedy addressed conservative critics, saying, "if by 'Liberal' they mean someone who looks ahead and not behind, someone who welcomes new ideas without rigid-reactions, someone who cares about the welfare of the people...if that is what they mean by a 'Liberal,' then I'm proud to say I'm a 'Liberal.'"



Kennedy also delivered us two of the most influential speeches in American history: the 1960 Inaugural Address, a bellicose speech that confronted the USSR, and the American University "Peace" Speech, according to Government Professor Ron Seyb.

Both speeches expounded American ideals, and, when paired together, served as a barometer of growth during Kennedy's one thousand days as leader of the free world.

There is little doubt that Kennedy grew in the office. His irenic American University Commencement Address - delivered only five months prior to his assassination - is often cited by his supporters as evidence of just how far Kennedy had traveled from his bellicose First Inaugural Address. And Kennedy did near the end of his life correct what many considered to be the more grievous moral failing of his first term, his failure to act aggressively to guarantee the civil and voting rights of African Americans, by presenting to Congress civil rights legislation that would end discrimination in public accommodations said Professor Seyb.

Kennedy nailed down the narrative. He built America around the idea of capitalism versus communism, the United States of American against the Soviet Union, good versus evil. He foiled another nation against America, to create a greater sense of belief.

"In the election of 1860 Abraham Lincoln said the question was whether this nation could exist half slave or half free. In the election of 1960 and with the world around us, the question is whether or not the world will exist half slave or half free?" he told us in the first televised Presidential debate.

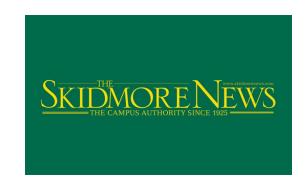
He understood rhetoric and used it as well as any President in American History. He had a particular aptitude for the complexities of international relations and understood that sometimes nations have to go to war with other nations, but he never had the audacity to create a war within our own borders (i.e. the war on drugs or the war on poverty).

He led us through the "maximum hour of danger" and promoted the America's height. And he killed just in time to not to disappoint us. His death eternalized that short, hopeful moment of time for which we will always yearn and strive.

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Fifty years later his legacy is as attractive as ever.

Wikipedia.org







My Food Stamps Challenge

By Alex Hodor-Lee, Op-Ed Editor On Fri, Nov 22, 2013

Federal funding allocated to The Supplemental Nutrition Assistance Program (SNAP) has now run out.

Money that was distributed to SNAP during the American Recover and Reinvestment Act of 2009, which injected government dollars into the economy with the hope of pulling the American economy out of recession, ran out on Nov. 1.

The stimulus' end means that SNAP benefits - which extend to about 47 million Americans - will be cut by around 5%.

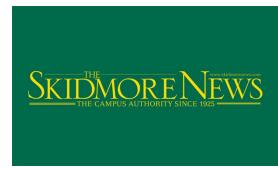
According to *The New York Times*, a family of four receiving the maximum amount of state benefits will decrease to \$632 from \$668. Thirty-Six dollars a month may seem trivial to Skidmore students (it sort of does to me, to be honest), but what if that was all you had?

SNAP benefits will drop from \$200 to \$189 for single SNAP beneficiaries. In more individualized terms, the cuts seem far less trivial.

"At the most basic level, the functionality of [SNAP] takes care of people at an absolute caloric level, but not at a social or cultural level. Because in more generous terms, it portrays what the problem is," said Social Work professor, Pat Oles. "A non-trivial number of working adults are on SNAP, and how do they deal with [the cut]?"

So in the spirit of Thanksgiving, I'll begin a two-week food stamp challenge. Spending no more than \$4.33 on food a day, as many individuals in New York State will now have to. The two-week period will begin Sunday, Dec. 2 and, much to my chagrin, I cannot accept food from anyone (friends: cancel your dinner parties!)

Even though I've been warned against conducting this experiment during finals, I imagine the stress of managing a slim food budget during exam week cannot be any worse than the anxiety that manifests from managing said slim budget while employed or worse, out of employment. Worse still, operating on this budget with kids.



'Can I deliver a nutritional experience?' You'll have an eating experience far outside of the mainstream, normative eating experience, Oles warns me.

While I cannot replicate the authentic, emotional experience that many millions of Americans undergo each day, I will have to contend with a new, minimalist lifestyle and hopefully learn what it feels like to be reliant on the tenuous decisions of policy-makers.

Anyone care to join? Visit Food Stamped. Email me at ahodorle@skidmore.edu and follow me on Twitter: @alexhodorlee and #SkidmoreSNAPChallenge.

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Can you live two weeks on food stamps?





Responsible Activism Matters

By Editorial Board On Fri, Nov 22, 2013

One of the most difficult aspects of attending Skidmore College is trying to navigate the charming side of the College and its corporate, institutional edge.

This week, a coalition of students formed to lobby faculty members, academic departments and college committees in hopes of convincing Skidmore to allow students to study abroad in Israel. Much like the state of Israel, they were a well-organized group, representing a small but omnipresent population in their society and hoping for formal recognition.

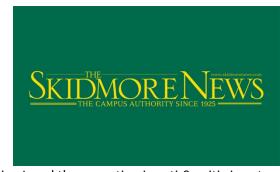
The group (totaling about ten students) approached the Committee on Academic Standing (CAS), a committee of academic, administrative and student members that formulate and administer policy.

CAS might colloquially be known as the "exceptions committee"- when your GPA is short of the 3.0 necessary for studying abroad, CAS decides whether or not you go.

The aforementioned group of students lobbied CAS hoping that it would be willing to amend the policy, which prohibits students from studying aboard in countries on the State Department Travel Warning list. The students do not what the policy amended wholesale, but, rather, hope that students wishing to study abroad in Israel be permitted to do so, despite the fact that Israel finds itself on the Warning list (with the likes of Kenya, Mexico and Egypt, among others). CAS, though, could not make this change even if it felt that allowing students to study abroad in Israel was a prudent choice, as such a decision is under the purview of Skidmore's Risk Management office.

Although students cannot study in Israel with a recognized study-abroad program, they can take a personal leave, study in Israel and have their credits transferred back upon return. Two students in the group have followed this route. However, personal leave only affords students 11 transferrable credits. So why not ask CAS to expand personal leaves to allow students to transfer back 18 credits?

One of the students suggested that Catholic students would be allowed to travel to Rome, even if it was on the State Department Travel Warning list, and that the College's decision to prohibit travel to Israel was rooted in an anti-Semitic sentiment. An anonymous senior involved in the movement wrote in Skidmore Unofficial, "while some might say it is a security issue, this cannot be the sole answer," implying that there was a degree of discrimination toward Israel.



To continue suggesting that the College's resistance to giving Israel the exception is anti-Semitic is not only erroneous but undermines what could otherwise be a reasonable argument: that students should be able to study in Israel as part of a recognized study abroad program.

But this abrasive behavior that, often times, is more visceral than anything else seems to run rampant in many student activist movements on campus.

In trying to actualize their ideals, many students - this Israel coalition, the Skidmore Labor Student Alliance and those who protested Cynthia Carroll - often try to negotiate with the CTM side of Skidmore when they need to reason with the corporate side of Skidmore. In an instance when the school has to weigh values - educational experience in other nations vs. student safety - there is very little wiggle room.

But there's still some wiggle room.

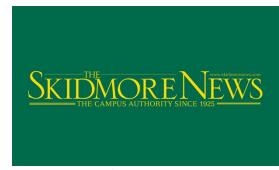
When their needs aren't instantly met, these groups, instead of looking for alternatives or compromises, students, inhibited by their sense of idealism, resort to unsavory tactics - labeling, storming faculty meetings, trespassing. Activism on campus is completely necessary as there are plenty of examples of the school falling short.

However, sometimes we just need to know how big our "ask" can be. Instead of storming a faculty meeting to express their anger, Carroll protesters should have limited their scope of demands. Why not have Ms. Carroll sponsor a lecture series in business ethics? Concurrent with the Carroll protests, a small group of students were hoping to make an academic innovation: they wanted to add a business ethics course to the core curriculum for business majors. However, there wasn't enough money to hire a new business ethics professor. An ask like that might have ensured that the next miner-exploiting corporate CEO (as protesters framed Carroll) would not be a Skidmore alum.

Much of the circulating criticism of student activism is not heaped on those who participate but those who don't. There is a large quiescent majority. And there's nothing wrong with that.

People who do not want to participate in social or political activism, or be involved in school events, don't have to. Their tuition is no worse than yours. Although, as those who wish to start a new club or initiative know, this inactive majority is always willing to sign a petition, not really do too much and, yet, feel like they have.

However, when they sign a petition, or they vote for SGA representatives, or they trust others to lobby on their behalf, it's up to campus leaders to do it the right way. Maybe we shouldn't question the large, apathetic majority; maybe we should question the small, organized minority who try to affect change.



Because if we sign a petition, it means we're entrusting these students - that's what a petition is - to do it the right way.

Livestrong branders are concerned with making sure everyone has a yellow band on their hand, and we accept that our consumption is our endorsement of their mission statement. It doesn't mean that Livestrong should guilt others, or insinuate that they don't care about cancer.

So when you represent a large group on campus - SGA, SLSA, J Street U, a Cynthia Carroll protester - consider that students expect you to do the due diligence, not call powerless committees "anti-Semitic."

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There's a right and a wrong way to get here.

imemc.org





Skidmore Partnership to Grow Clean Tech Economy

By Alex Hodor-Lee, Op-Ed Editor On Fri, Nov 22, 2013

John Rhodes, president of the New York State Energy Research and Development Association (NYSERDA) had to hop over mud to get from his car, which he parked in the Tang parking lot, to the Museum's front door. The mud is a result of workers digging along the Tang as part of the College's new geothermal projects, which utilize the earth's natural warmth to heat and cool College facilities. Upon completion, the geothermal projects will naturally generate approximately 40% of the College's energy.

The project is just one in a slew of new initiatives that invest in renewable energy. It is also the type of project that is drawing attention from government officials hoping to grow the clean tech economy in New York State.

That's why Mr. Rhodes arrived at the College on Monday to announce a partnership between Skidmore and NYSERDA and the launch of New York Executive Clean Energy Leadership Program (NY EXCEL).

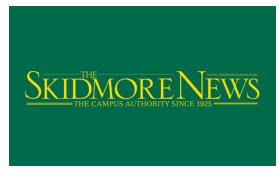
NYSERDA, founded by the State Legislature in 1975 and now operating under the auspices of the Governor Andrew Cuomo's Administration, aims to "help New York meet its energy goals: reducing energy consumption, promoting the use of renewable energy sources, and protecting the environment," according to its website.

"We expect Skidmore to bring a variety of experts to act as business managers to a set of budding clean tech entrepreneurs, drawn from all sorts of sectors but who have the experience and the interest in the sector," Rhodes told reporters in a press conference at the Tang.

NYSERDA recently granted Skidmore \$400,000 to create a new and attractive advanced training program to educate some of the State's preeminent business executives in clean technology, including renewable energy, an economy that State officials are hoping to increase.

NY EXCEL will accept 25 executives. Participants will undergo an intensive 30-hour classroom residency on campus in August. In addition to monthly, weekend courses, executives will return to Saratoga in January to promote their knowledge of clean tech and renewable energy.

"This program reinforces the idea that the Upstate New York region is one of the top places in the United States for clean energy. This program is critical to promoting our region on the national stage. Clean energy is one of the strongest components of our economy," Mike Tucker of the Center for



Economic Growth, a non-profit that focuses on growing new economies in the Capital Region, told reporters. From the College's perspective, the partnership signals a potentially fruitful relationship between Skidmore and the State, both of which have made concerted, overlapping efforts to invest in renewable energy technologies.

"Clean energy, we think, is good business and we also think it's responsible citizenship; and that is something that we care very deeply about, both for our students - something they need to learn to take away from their education at Skidmore - and something we try to practice in our dealings with the larger community. We try to be a good citizen," College President Philip Glotzbach said in the press conference.

In addition to promoting a more eco-friendly approach, the goal of NYEXCEL is to increase job opportunities, and, thus, employment in New York State.

F. William Harder Business Professor, Catherine Hill, who has been a leading force behind the partnership, also cited the moral underpinning that supports NY EXCEL. She invoked the recent cyclone in the Philippines; Hurricane Irene, which greatly affected the tri-state area; and super storm Sandy, which caused \$80 billion in damage for New York State and New Jersey last Oct.

"Sandy and Irene accounted for about 80 billion dollars in damages but none of that touches the inescapable loss of life, lives interrupted and lives ruined as a result of those tragedies. Now the cause is clear: it's not that any particular one weather event can be blamed on climate change, but I think I see a pattern and climate change is real and it is here and it is now and I believe we have an opportunity and a responsibility to do something about," Hill told reporters gathered in the Tang's Payne room.

"NY EXCEL is going to help existing executives start businesses in the clean sector and grow jobs in New York...we're going to help them build clean tech networks, we're going to help them understand energy and gas markets and explore the often arcane structure of tax incentives and financing mechanisms. We live in an extremely exciting time for the clean tech business," Hill added.